

Name	Category	M/F	Club	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov
Aaron Whittaker	Junior	M				00:25:15								
Alan Braidwood	Veteran	M	Bellahouston Harriers			00:11:04								
Alan Dempster	Senior	M		00:12:51										
Alan Fitzsimmons	Veteran	M	Fusion Triathlon Club					00:12:51						
Alan Hannah	Senior	M						00:11:33						
Alan McKinnon	Senior	M												00:14:29
Alan Owen	Veteran	M	Whitemoss AAC	00:12:14	00:11:40	00:12:08	00:12:19	00:11:44	00:11:34	00:12:03	00:11:40	00:11:37	00:11:44	00:11:54
Alan Sim	Super Veteran	M			00:13:36	00:13:47	00:13:19	00:13:08		00:13:05				00:13:25
Alasdair Murray	Veteran	M	Kilmarnock Harriers	00:11:50	00:11:16							00:11:35		
Alastair MacLachlan	Super Veteran	M	Bellahouston Roadrun	00:10:55	00:10:34		00:10:44		00:11:09				00:11:02	00:10:53
Alastair MacLachlan	Super Veteran	M	Bellahouston Roadrunners											
Alastair Scott	Senior	M										00:09:36		
Alison Banks	Super Veteran	F			00:14:54		00:14:44	00:14:37			00:14:46			
Alison Mason	Senior	F	Bothwell Belters				00:17:19			00:16:56				
Allan Blair	Senior	M							00:12:36	00:13:00			00:12:48	
Allan Mooney	Veteran	M	Clyderunners								00:11:20	00:11:20	00:11:31	00:11:36
Andrew Cameron	Veteran	M							00:11:43	00:11:33	00:11:09	00:10:54		00:11:02
Andrew Farmer	Senior	M			00:12:29						00:12:08			
Andrew Kerr	Senior	M					00:13:15							
Andrew McCaffery	Veteran	M	Calderglen harriers								00:10:33	00:10:27		
Andrew McCall	Senior	M	Greenock Glenpark Harriers			00:10:51	00:10:36		00:10:06					
Andrew Morgan	Senior	M	Ronhill Cambuslang						00:09:44					
Andrew Sharp	Veteran	M				00:15:42			00:14:47					
Andrew White	Veteran	M	Greenock Glenpark Harriers				00:10:07	00:10:04		00:10:09	00:09:57			
Andy Turnbull	Veteran	M	Stirling Triathlon										00:10:19	
Andy Law	Super Veteran	M	Victoria Park					00:10:44						
Angela McNeill	Senior	F								00:16:16		00:16:13		
Anne Follan	Veteran	F	Pontypridd Roadents									00:14:30		
Annmarie McCaffrey	Veteran	F	Kirkintilloch Olympians	00:12:07										
Anthony Jannetta	Senior	M	Bellahouston Roadrunners											00:10:26
Anthony Quinn	Super Veteran	M	Cartha Harriers		00:10:54		00:10:40	00:10:27	00:10:41		00:10:36	00:10:23		
Arlene Bristow	Veteran	F	Ronhill Cambuslang				00:10:38	00:11:02			00:10:47			
Ashleigh Oates	Senior	F											00:13:03	
Asia Boyce	Veteran	F								00:13:39				
Barrie Johnstone	Senior	M						00:11:12	00:10:53					
Barry Hope	Senior	M			00:12:04				00:11:41					
Barry Ure	Senior	M					00:14:08					00:14:01		
Blair O'Brien	Senior	M										00:16:19	00:15:52	00:15:13
Bob Reid	Senior	M	Bellahouston Roadrun	00:10:00										
Caleb Maginn	Junior	M	Perth Strathtay Harriers			00:13:38								
Calum McVie	Senior	M	Fusion Triathlon Club											00:10:15
Carol Keenan	Super Veteran	F	Bellahouston Harriers			00:15:36				00:15:16		00:14:44		00:15:00
Caroline Cochran	Veteran	F						00:13:33	00:13:12		00:13:43	00:13:30	00:13:19	00:13:00

Catherine McNeil	Senior	F						00:15:50											
Catriona Reoch	Veteran	F						00:24:54											
Celia Thompson	Super Veteran	F						00:15:54											
Charles Kerr	Senior	M						00:13:38				00:12:50							00:12:24
Chris Black	Senior	M	Stirling Triathlon																00:09:49
Chris Greenhaugh	Senior	M																	00:09:40
Chris Upson	Veteran	M	Westerlands																00:09:59
Chris Watson	Senior	M	Greenock Glenpark Harriers					00:10:54		00:10:48	00:10:38								00:10:48
Christopher Devine		M																	00:10:06
Christopher McKiddie	Senior	M					00:11:13	00:11:12		00:10:47	00:10:42	00:13:53							00:09:48
Christopher Steward	Super Veteran	M																	00:14:15
Claire McArthur	Senior	F	Shettleston Harriers																00:11:06
Claire Quinn	Senior	F							00:15:30										
Colin Fisher	Veteran	M									00:13:58								
Colin McKellar	Senior	M						00:14:40	00:13:14										
Collette Byars	Senior	F						00:13:28											
Connor Hughes	Senior	M						00:21:01											
Conor McEllean	Senior	M									00:13:30								
Craig Collier	Senior	M									00:13:27	00:13:12							
Craig Lamont	Senior	M	Bellahouston Harriers						00:10:19										
Craig Reid	Senior	M	Bellahouston Roadrun	00:09:49				00:09:36				00:09:26							
Craig White	Senior	M	Maryhill Harriers								00:10:08		00:09:48						
Damian McLaughlin	Senior	M								00:13:08									
Dan Clements	Senior	M	Hunters Bog Trotters								00:11:18								
Danny Cairns		M																	00:11:52
Danny Pearce	Super Veteran	M	Fusion Triathlon Club																00:14:30
Darran Muir	Senior	M	Law & District									00:09:38	00:09:37						
Darren Ross	Veteran	M										00:13:50							
Darren Russell	Veteran	M				00:12:54	00:13:01	00:12:56											
Dave Slater	Senior	M																	00:17:10
Dave Thom	Super Veteran	M	Ronhill Cambuslang						00:10:08				00:09:52						
David Baldie	Senior	M				00:14:43	00:15:29												
David Boag	Veteran	M	Bellahouston Roadrunners																00:11:31
David Cooney	Super Veteran	M	Ronhill Cambuslang									00:12:36	00:12:28						
David Dickson	Super Veteran	M	Garscube Harriers									00:10:55							
David Forsyth	Senior	M				00:12:14													
David Kelly		M											00:12:13						
David MacIver	Veteran	M												00:11:01	00:10:59	00:11:09			
David McNally	Senior	M	Finchy Flyers					00:12:32	00:12:00			00:12:08	00:12:15						00:12:20
David Mitchell	Senior	M							00:11:03			00:10:41							
David Mooney	Senior	M							00:11:27			00:11:27	00:11:22						
David Munro	Super Veteran	M									00:14:03								
David Murphy	Veteran	M	Shettleston Harriers						00:11:30										
David Stirling	Veteran	M							00:14:20	00:13:57	00:14:30	00:13:34	00:13:36	00:14:21					
David Thomson	Senior	M	East Kilbride AC					00:10:40											
Deirdrie McDermot	Senior	F	Tonbridge Athletic						00:10:21										
Derek Leitch	Super Veteran	M	East Kilbride AC			00:11:21							00:11:44						

James Kelly	Senior	M											00:13:11	
James O'Hara	Veteran	M	Bellahouston Roadrunners											00:11:48
James Stewart	Senior	M			00:10:33	00:10:38		00:10:34	00:10:28					
James Wright	Senior	M					00:10:41		00:10:55		00:10:45			
Jamie McLaughlan	Junior	M				00:22:28								
Jason Smith	Senior	M											00:11:46	
Jennifer Duru	Senior	F	Garscube Harriers											00:12:15
Jill O'Neill	Senior	F	Garscube Harriers		00:11:42									
Joe Biggam	Super Veteran	M	Maryhill Harriers		00:12:46									
Joe Davies	Senior	M				00:22:28								
Joe Micoud	Super Veteran	M	Maryhill Harriers		00:11:18									
Joe Storie	Super Veteran	M				00:25:45								
Joel Barricklow	Senior	M											00:11:18	
John Allison	Senior	M								00:12:58				
John Cannon	Veteran	M			00:15:12									
John Connolly	Senior	M											00:10:20	
John Gilhooly	Super Veteran	M	Bellahouston Roadrunners		00:10:43		00:10:49							
John Kirkwood	Senior	M							00:12:40					
John Mackenzie	Veteran	M											00:10:55	
John Malcolm		M								00:10:09				
John McPake	Veteran	M					00:11:33							
John Tougher	Veteran	M	Kilmarnock Harriers						00:11:16					
John Weir	Super Veteran	M	Maryhill Harriers		00:10:55		00:10:53		00:10:50					
Jonathan Graham	Senior	M	Springburn Harriers							00:10:50				
Jonny McLeish	Senior	M						00:12:19						
Karen Dunbar		F										00:13:57		
Katherine Hylands	Senior	F	Bellahouston Harriers							00:12:29				
Katie Allan	Senior	F							00:13:38		00:13:37			
Katie Hughes	Senior	F					00:23:31							
Keith Gibb	Super Veteran	M	Bellahouston Roadrunners		00:12:57		00:12:37	00:11:57		00:11:55				
Keith Kettlewell	Senior	M								00:12:23				
Keith MacKenzie	Veteran	M						00:13:15		00:13:17	00:12:56	00:13:04		
Ken Mortimer	Super Veteran	M	Edinburgh Athletic									00:10:33		
Kenny Yancouskie	Senior	M							00:12:12	00:11:47				
Kevan McCartney	Senior	M	Greenock Glenpark Ha	00:11:29						00:10:43				
Kevin Brydon	Senior	M	Shettleston		00:09:13			00:09:36						00:09:22
Kevin Cameron	Senior	M											00:11:26	
Kevin McNulty	Senior	M								00:16:05				
Kieran Morgan	Super Veteran	M	Carnegie Harriers							00:12:05				
Kirsten Vandome	Veteran	F					00:21:44							
Kyle Montague		M									00:13:11			
Laura Campbell	Senior	F					00:24:54							
Lauren Rice	Senior	F											00:13:09	
Leanne Murray	Senior	F						00:20:25						
Leanne Rae	Senior	F								00:16:58				
Lesley Chisholm	Senior	F	Garscube Harriers				00:10:08				00:10:12			
Lesley Mands	Senior	F				00:25:45								

Thomas McDonald	Senior	M	Bellahouston Harriers											00:09:20
Tom Henery		M								00:13:30				
Tom Keenan	Super Veteran	M	Bellahouston Harriers			00:13:57				00:13:31		00:13:05		00:13:24
Tony Burns	Veteran	M										00:10:37		
Tony Hamilton	Senior	M			00:14:04	00:14:34			00:13:50					00:13:13
Tony McGale	Veteran	M	Springburn Harriers						00:11:30					
Victoria Devoy	Senior	F								00:16:02				
William Martin	Veteran	M					00:12:03	00:11:26	00:11:10	00:11:41				
Yvonne Harkness	Veteran	F								00:18:20				