

| 3k on the Green | | Jun-16 | | | |
|-----------------|---------------------|---------------|------|--------------------------|----------|
| Runner | Category | M/F | Club | Race Time | |
| 1 | Jack Heathwood | Junior | M | Bellahouston Harriers | 00:09:20 |
| 2 | Robbie Ferguson | Junior | M | Bellahouston Harriers | 00:09:35 |
| 3 | Graeme Paterson | Veteran | M | Bellahouston Roadrunners | 00:09:43 |
| 4 | Michael Healy | Senior | M | | 00:09:45 |
| 5 | Iain Carroll | Senior | M | | 00:09:48 |
| 6 | Andy Forrest | Senior | M | | 00:09:50 |
| 7 | Richard Cooper | Veteran | M | | 00:09:51 |
| 8 | Steven Prentice | Veteran | M | Bellahouston Harriers | 00:09:52 |
| 9 | Lesley Chisholm | Veteran | F | Garscube Harriers | 00:09:53 |
| 10 | Brent Brodie | Veteran | M | Bellahouston Harriers | 00:09:58 |
| 11 | Iain Littler | Senior | M | Ron Hill Cambuslang | 00:10:01 |
| 12 | Robert McCulloch | Super Veteran | M | Kilbarchan | 00:10:04 |
| 13 | Colin Whitby | Senior | M | Irvine Running Club | 00:10:11 |
| 14 | Scott Henderson | Senior | M | | 00:10:14 |
| 15 | Chris MacNeil | Senior | M | | 00:10:15 |
| 16 | Stephen Little | Senior | M | | 00:10:19 |
| 17 | Sharon Muir | Veteran | F | Inverclyde AC | 00:10:28 |
| 18 | Claire Thompson | Veteran | F | Victoria Park | 00:10:43 |
| 19 | Alex Osborne | Senior | M | Westerlands | 00:10:46 |
| 20 | Graeme Gemmell | Super Veteran | M | | 00:10:56 |
| 21 | Paul Houston | Veteran | M | Bellahouston Harriers | 00:11:01 |
| 22 | David Murphy | Veteran | M | Shettleston Harriers | 00:11:02 |
| 23 | Stephen Wright | Senior | M | | 00:11:03 |
| 24 | Sean Reid | Senior | M | | 00:11:06 |
| 25 | Graeme Ritchie | Senior | M | | 00:11:09 |
| 26 | Alastair MacLachlan | Super Veteran | M | Bellahouston Roadrunners | 00:11:21 |
| 27 | Allan Mooney | Veteran | M | Clyderunners | 00:11:26 |
| 28 | Stuart Ainslie | Senior | m | | 00:11:27 |
| 29 | Alan Strang | Veteran | M | | 00:11:29 |
| 30 | Arthur Duggan | Veteran | M | | 00:11:37 |
| 31 | David McMillan | Senior | M | | 00:11:39 |
| 32 | Scott Canning | Veteran | M | | 00:11:40 |
| 33 | Lisa Noble | Senior | F | | 00:11:41 |
| 34 | James Weir | Veteran | M | | 00:11:41 |
| 35 | Christopher Smith | Super Veteran | M | | 00:11:45 |
| 36 | Steven Hill | Senior | M | Kilbarchan | 00:11:46 |
| 37 | John Brown | Veteran | M | | 00:11:48 |
| 38 | Mary Senior | Veteran | F | Garscube Harriers | 00:11:49 |
| 39 | Craig Pollock | Veteran | M | | 00:11:50 |
| 40 | Graeme Lawson | Senior | M | | 00:11:50 |
| 41 | Paul White | Senior | M | | 00:11:51 |
| 42 | Neil Scott | Senior | M | | 00:11:52 |
| 43 | Jonathon Nicol | Senior | M | | 00:11:53 |
| 44 | Lesley McArdle | Senior | F | | 00:11:54 |
| 45 | Erica Christie | Super Veteran | F | Bellahouston Harriers | 00:11:55 |
| 46 | Cameron Ferguson | Super Veteran | M | | 00:11:58 |
| 47 | John McParland | Senior | M | Motherwell AC | 00:11:59 |

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| 48 | Tom Pendrey | Senior | M | Glasgow Tri Club | 00:12:00 |
| 49 | Keith Gibb | Super Veteran | M | Bellahouston Roadrunners | 00:12:04 |
| 50 | Greg Crockart | Senior | M | Glasgow Frontrunners | 00:12:07 |
| 51 | Finlay Macrae | Senior | M | | 00:12:10 |
| 52 | Frances Brannan | Veteran | F | | 00:12:13 |
| 53 | Hayley McCrorie | Senior | F | Bellahouston Roadrunners | 00:12:19 |
| 54 | Iain Macdonald | Veteran | M | | 00:12:21 |
| 55 | Angela Campbell | Senior | F | Bellahouston Harriers | 00:12:36 |
| 56 | Marianne Wilson | Senior | F | North Highland Harriers | 00:12:39 |
| 57 | Elizabeth O'Keefe | Senior | F | | 00:12:39 |
| 58 | David Cooney | Super Veteran | M | Ronhill Cambuslang | 00:12:45 |
| 59 | Christopher Doak | Senior | M | Bellahouston Roadrunners | 00:12:48 |
| 60 | Rachel Hunt | Senior | F | | 00:12:56 |
| 61 | Allan Brown | Veteran | M | | 00:13:04 |
| 62 | Linda Woodcraft | Senior | F | | 00:13:08 |
| 63 | Lyle Walker | Senior | M | | 00:13:16 |
| 64 | Margaret Hutchinson | Veteran | F | | 00:13:19 |
| 65 | Mark Garton | Veteran | M | Rons Runners | 00:13:26 |
| 66 | Kris Schimmel | Veteran | M | | 00:13:42 |
| 67 | Robbie Wishart | Super Veteran | M | West End Road Runners | 00:14:02 |
| 68 | Russell Morrison | Super Veteran | M | | 00:14:17 |
| 69 | William Mitchell | Super Veteran | M | Cambuslang Harriers | 00:14:22 |
| 70 | Mick Hydes | Veteran | M | Scottish Fire & rescue | 00:14:33 |
| 71 | Norman MacLean | Super Veteran | M | | 00:14:36 |
| 72 | Rachel Stewart | Senior | F | Edinburgh Uni Hare & Hounds | 00:15:00 |
| 73 | Fraser White | Senior | M | | 00:15:00 |
| 74 | Robert Neil | Super Veteran | M | Forth Valley Orienteers | 00:15:05 |
| 75 | Gerry McManus | Super Veteran | M | Scottish Fire & rescue | 00:15:09 |
| 76 | Celia Thompson | Super Veteran | F | | 00:15:14 |
| 77 | Natalie McQuade | Senior | F | Bellahouston Harriers | 00:15:50 |
| 78 | John Softley | Super Veteran | M | Bellahouston Harriers | 00:16:02 |
| 79 | Marta Oleszczuk | Senior | F | | 00:16:43 |
| 80 | David Hemple | Veteran | M | Strathclyde Fire & Rescue | 00:16:48 |
| 81 | May Blackburn | Super Veteran | F | | 00:17:56 |
| 82 | Sarah Berry | Veteran | F | | 00:18:01 |