

3k on the Green					Jul-18	Race	Age
Runner	Category	M/F	Club		Time	Grade %	
1	Jonathan Roebuck	Senior	M	MRF	00:09:21	78.81%	
2	Kieran Cooper	Senior	M		00:09:30	79.83%	
3	Ciaran Dougherty	M35	M	Bellahouston Roadrunners	00:09:40	77.51%	
4	Kevin Schenk	Senior	M	Forres Harriers	00:09:42	75.60%	
5	Brodie Aitken	Junior	M	Cambuslang Harriers	00:09:47	80.90%	
6	Anna Tait	Senior	F	Victoria Park	00:09:49	85.13%	
7	Steven Prentice	M40	M	Bellahouston Harriers	00:09:55	80.03%	
8	Rebecca Burns	Senior	F	Edinburgh AC	00:09:59	83.71%	
9	Richard Cooper	M45	M		00:10:03	81.46%	
10	David Cunningham	M40	M	Glasgow Tri Club	00:10:04	78.25%	
11	Bryan Mulgrew	Senior	M	Bellahouston Roadrunners	00:10:04	73.03%	
12	Ruaridh MacLean	Senior	M	Giffnock North	00:10:08	72.37%	
13	Alastair Skelton	M40	M		00:10:09	77.03%	
14	Michael Black	Junior	M	Cambuslang Harriers	00:10:11	77.72%	
15	David Simpson	M40	M		00:10:12	76.65%	
16	Duncan Anderson	Senior	M		00:10:13	71.84%	
17	Dennis Williams	M55	M	Shettleston Harriers	00:10:14	85.36%	
18	Calum Ferguson	Senior	M	Bellahouston Harriers	00:10:18	71.97%	
19	Ryan Evans	Senior	M	Irvine Running Club	00:10:21	70.85%	
20	Zak Povey	Junior	M	Cambuslang Harriers	00:10:28	77.07%	
21	David Blane	M50	M	Irvine Running Club	00:10:30	81.82%	
22	Andrew McCafferty	Senior	M		00:10:34	70.53%	
23	Gordon Curran	M45	M	Scottish Fire & rescue	00:10:37	75.91%	
24	Fraser McPhail	M45	M	Troon Tortoises	00:10:39	76.27%	
25	Bruce Smith	M50	M	Carnethy HRC	00:10:40	81.22%	
26	Gary Shaw	M40	M	Kirkintilloch Olympians	00:10:41	74.29%	
27	Gerard Scullion	M50	M	Bellahouston Roadrunners	00:10:42	80.29%	
28	Ronan Beale	Senior	M	Bellahouston Roadrunners	00:10:42	69.65%	
29	Kieran Pugh	Senior	M	Kirkintilloch Olympians	00:10:46	68.14%	
30	Owen McWilliams	Senior	M	Irvine Running Club	00:10:48	68.16%	
31	Neil Smith	M40	M		00:10:49	71.73%	
32	Brian Hughes	M60	M	Cambuslang Harriers	00:10:49	85.80%	
33	Neil Nairn	M45	M	Bellahouston Harriers	00:10:50	75.57%	
34	Robert Churchill	M35	M	West End Road Runners	00:10:51	70.46%	
35	David Holgate	M35	M		00:10:53	69.26%	
36	Gordon Stewart	M40	M		00:10:55	73.26%	
37	Russell White	Senior	M		00:11:05	66.33%	
38	Graeme Ritchie	M35	M		00:11:06	67.91%	
39	Henry Merriweather	M45	M	Bellahouston Roadrunners	00:11:08	73.53%	
40	Lok Man Andrew Chung	M40	M		00:11:10	69.49%	
41	Philip Knight	M45	M		00:11:10	74.48%	
42	Darren Murray	M45	M	Bellahouston Harriers	00:11:11	72.63%	
43	William Reid	M55	M		00:11:13	79.89%	
44	Stuart Lorraine	M50	M		00:11:15	75.74%	
45	David Eames	Senior	M	Bellahouston Harriers	00:11:15	66.25%	
46	Keith Berry	Senior	M		00:11:19	65.31%	
47	Ciaran Mallon	M35	M		00:11:21	67.36%	
48	Paul Kernohan	M40	M	Cambuslang Harriers	00:11:21	68.88%	
49	James Chalmers	Senior	M	Rons Runners	00:11:22	64.52%	
50	Louis Sharp	Junior	M	Victoria Park	00:11:22	74.37%	
51	Stuart McAleer	M35	M		00:11:24	66.58%	
52	Rob Mussett	M55	M	Central AC	00:11:24	76.63%	
53	Tony McGale	M45	M	Scottish Veteran Harriers	00:11:25	72.27%	
54	Alan Owen	M50	M	Whitemoss AAC	00:11:26	73.33%	
55	Maddy Watson	Senior	F	Stathclyde Uni Harriers	00:11:28	72.88%	
56	Suzanne Shaw	W40	F	Kirkintilloch Olympians	00:11:31	76.63%	
57	Neil Scott	M35	M		00:11:32	66.78%	

58	Tom Cunning	Junior	M		00:11:35	77.48%
59	Alastair MacLachlan	M55	M	Bellahouston Roadrunners	00:11:35	78.03%
60	Ruaridh Webster	Senior	M		00:11:37	63.13%
61	Aaron Grew	Junior	M	Cambuslang Harriers	00:11:38	68.03%
62	Stuart Donald	M35	M	Garscube Harriers	00:11:38	64.40%
63	John Pugh	M50	M	Kirkintilloch Olympians	00:11:40	71.86%
64	Sid Muraagundi	Senior	M		00:11:41	63.50%
65	Gillian Blee	W35	F		00:11:43	73.09%
66	Gary Judge	Senior	M		00:11:45	62.90%
67	Alan Granger	M45	M		00:11:46	69.03%
68	Kenny Taylor	M35	M	Bellahouston Harriers	00:11:46	64.97%
69	Alastair Drummond	M40	M	Newton Road Runners	00:11:47	66.35%
70	Dimitrios Sotiriou	M35	M		00:11:47	64.88%
71	Garth Whitaker	Senior	M		00:11:49	62.78%
72	John Brown	M45	M		00:11:51	70.19%
73	Ross Anderson	Senior	M		00:11:52	61.95%
74	Iain Muirhead	M45	M		00:11:52	70.09%
75	Gregor Love	M45	M	Glasgow Tri Club	00:11:56	69.14%
76	Liam Cavin	M40	M		00:11:57	65.91%
77	Colin Anderson	M40	M		00:11:59	65.73%
78	Garry Henderson	M50	M		00:12:01	72.09%
79	Michael Donohue	M55	M		00:12:03	72.49%
80	Lee Shaw	Senior	M	Irvine Running Club	00:12:07	61.18%
81	Derek Rankine	M35	M	Bellahouston Roadrunners	00:12:10	61.95%
82	Laura Ritchie	W35	F	Bellahouston Harriers	00:12:12	69.81%
83	Jane McCluskey	W35	F	glasgow running network	00:12:13	71.05%
84	Gordon Gallacher	M45	M	Bellahouston Harriers	00:12:18	67.08%
85	Lesley McArdle	Senior	F		00:12:19	68.30%
86	Craig Pollock	M45	M		00:12:23	65.08%
87	Chris McKenna	M35	M		00:12:23	60.50%
88	Graham Thomson	Senior	M		00:12:24	59.83%
89	Ellie Anderson	Junior	F	Kilmarnock Harriers	00:12:26	73.94%
90	Martha Lovatt	Senior	F	Garscube Harriers	00:12:28	67.70%
91	Anthony McNulty	M40	M	Kilmarnock Harriers	00:12:29	63.58%
92	Amy Craig	Junior	F	Cambuslang Harriers	00:12:30	68.29%
93	Maria Doherty	W50	F	Glasgow South Road Runners	00:12:31	79.31%
94	Mark King	M45	M	Glasgow South Road Runners	00:12:32	66.36%
95	Tim Arbuckle	M45	M		00:12:32	64.30%
96	Alasdair Beaton	M35	M		00:12:33	59.70%
97	Colin Dobbie	Senior	M		00:12:36	59.15%
98	Keith Charters	M50	M	East Kilbride AC	00:12:37	68.09%
99	Stephen Dunn	M35	M	Glasgow Dental Hospital & Sc	00:12:40	60.36%
100	Linda Woodcraft	W40	F		00:12:41	68.97%
101	Michael McGregor	Senior	M		00:12:42	57.75%
102	Cordelia O'Neill	W35	F	West End Road Runners	00:12:49	66.12%
103	Marie McChord	W55	F	Kirkintilloch Olympians	00:12:52	84.83%
104	Emma Sommerville	Senior	F	Bellahouston Harriers	00:12:57	64.53%
105	Iain Crawford	M50	M		00:12:58	64.66%
106	Lucy Cameron	Senior	F	Stathclyde Uni Harriers	00:13:03	64.06%
107	Nicola Stevenson	Senior	F	Greenock Glenpark Harriers	00:13:04	63.96%
108	David Edelman	M60	M		00:13:05	70.31%
109	Liam Hastie	M35	M		00:13:09	56.97%
110	Lewis Anderson	Junior	M	Kilmarnock Harriers	00:13:10	68.16%
111	Gareth Shields	M40	m		00:13:20	58.64%
112	Anne Scott	W40	F		00:13:20	68.28%
113	Stuart McDonald	M55	M	Bellahouston Harriers	00:13:21	65.43%
114	Mark McGuigan	Senior	M		00:13:25	55.83%
115	Philip O'Neil	M45	M		00:13:26	60.47%
116	Alicia Miller	Senior	F	StrathclydeUni Harriers	00:13:28	62.06%
117	Jonathan Stevens	Senior	M		00:13:31	55.14%

118	Ella Sharp	Junior	F	Victoria Park	00:13:55	67.52%
119	Gordon Campbell	M55	M		00:13:59	64.08%
120	Fiona Greig	Senior	F		00:14:02	59.78%
121	Ada Stewart	W55	F	Kirkintilloch Olympians	00:14:07	74.15%
122	Chris Mullholland	Senior	M		00:14:10	51.76%
123	Bob Porteous	M65	M		00:14:16	69.44%
124	Graeme Aitken	M45	M		00:14:18	58.16%
125	William Mitchell	M65	M	Cambuslang Harriers	00:14:23	68.88%
126	Gillian McGale	W40	F	Scottish Veteran Harriers	00:14:29	62.16%
127	Alison Curry	W45	F		00:14:34	66.43%
128	Connor Campbell	Junior	M		00:14:37	63.62%
129	Niraj Joshi	Senior	M		00:14:40	50.13%
130	Gillian Glass	W45	F		00:14:42	62.67%
131	Rachel Goslan	W40	F		00:14:43	60.54%
132	Kirsteen Campbell	Junior	F		00:15:01	64.15%
133	Allen Campbell	M45	M	West End Road Runners	00:15:01	53.67%
134	Catrina Gourley	W55	F		00:15:09	69.09%
135	Thomas McChord	M60	M		00:15:12	61.05%
136	Frazer Howie	Senior	M		00:15:21	48.55%
137	Laura Sharp	W40	F		00:15:31	56.38%
138	Anne Thomson	W40	F	RunBetweeners	00:15:32	56.81%
139	Andrew Gallacher	M45	M		00:15:33	53.06%
140	Melanie Carmichael	Senior	F		00:15:42	53.43%
141	jacqueline Casey	W35	F		00:15:43	54.19%
142	jacqueline Glass	W60	F		00:15:44	75.83%
143	Anne Williamson	W55	F		00:15:46	66.39%
144	Irene Zingone	W65	F		00:15:57	81.09%
145	Carol Keenan	W60	F		00:15:59	71.32%
146	Leanne McGrath	W35	F		00:16:17	52.93%
147	June MacLeod	W60	F		00:16:29	68.14%
148	Jackie Calderwood	W55	F		00:17:02	61.45%
149	Donna Gillan	W45	F		00:17:03	56.05%
150	Dave Slater	M40	M		00:17:06	46.06%
151	Eilidh Ramsay	Senior	F		00:17:47	46.99%
152	Susan Hancock	W65	F		00:17:54	67.70%
153	Sarah Berry	W45	F		00:18:06	52.15%
154	Donna Black	W35	F		00:18:09	47.18%
155	Kirsti Sutherland	Senior	F		00:18:09	46.13%
156	John Softley	M65	M		00:18:29	53.60%
157	May Blackburn	W55	F		00:18:36	58.68%
158	Rhiannon Ingram	Senior	F		00:18:49	44.41%
159	William Parker	M75	M		00:21:14	51.65%
160	Morna Viney	Senior	F		00:24:01	35.14%
161	Nicola McGarva	W35	F		00:24:02	35.26%
162	Derek Clifford	M35	M		00:24:03	31.56%