

3k on the Green			31/05/2019		Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Shaun Butler	M35	M	Cambuslang Harriers	00:09:25	79.56%
2	Paul Sorrie	M40	M	Shettleston Harriers	00:09:28	81.96%
3	Jason Bell	Senior	M	Helensburgh AC	00:09:33	76.79%
4	Jack Letson	M35	M	Inverclyde AC	00:09:36	80.23%
5	Iain Burns	M35	M		00:09:40	79.68%
6	Calum Oates	Senior	M		00:09:41	75.92%
7	Kieran Pugh	Senior	M	Kirkintilloch Olympians	00:09:42	75.60%
8	Iain McDonald	M35	M		00:09:56	75.42%
9	Steven Prentice	M40	M	Bellahouston Harriers	00:10:04	79.45%
10	Scott Partyka	Senior	M		00:10:05	73.08%
11	Ryan Evans	Senior	M	Irvine Running Club	00:10:18	71.20%
12	Steven Reid	M40	M		00:10:12	76.07%
13	Richard Cooper	M45	M		00:10:17	80.23%
14	Martin Reid	M45	M		00:10:22	77.74%
15	Ronan Beale	M35	M	Bellahouston Roadrunners	00:10:23	72.16%
16	Mark Preston	M35	M	North Ayrshire AC	00:10:27	72.13%
17	Siobhan Coleman	Senior	F	Linlithgow AC	00:10:31	79.51%
18	Ross Williamson	M45	M	Lothian Running Club	00:10:32	77.12%
19	Niall Walker	Senior	M	East Kilbride AC	00:10:33	69.57%
20	David Thomson	Senior	M	East Kilbride AC	00:10:36	69.99%
21	Fraser McPhail	M45	M	Troon Tortoises	00:10:38	76.99%
22	Grant Matheson	M55	M	Falkirk Victoria	00:10:38	83.55%
23	Raymond Farrell	M45	M		00:10:39	78.10%
24	Paul McMonagle	M50	M	Cumbernauld AAC	00:10:40	78.60%
25	Catriona MacDonald	Senior	F	Bellahouston Roadrunners	00:10:40	78.35%
26	Kenny Morrice	M35	M		00:10:42	71.98%
27	Ewen Cameron	M40	M	Motherwell AC	00:10:44	73.39%
28	Dave Thom	M55	M	Cambuslang Harriers	00:10:46	83.95%
29	Richard Conder	M35	M	Lowfell	00:10:48	71.32%
30	Iain MacIsaac	M40	M		00:10:48	73.49%
31	Scott Henderson	M40	M	Glasgow South Road Runners	00:10:49	72.82%
32	Gerard Scullion	M50	M	Bellahouston Roadrunners	00:10:50	79.30%
33	Stephen Craig	Senior	M	Garscube Harriers	00:10:53	67.91%
34	?				00:11:00	
35	Tony McGale	M45	M	Scottish Veteran Harriers	00:11:05	74.44%
36	Karen Kennedy	W45	F	PH Racing Club	00:11:08	84.78%
37	Gordon Stewart	M45	M		00:11:15	71.64%
38	Matt MacDonald	M35	M		00:11:16	68.36%
39	Ian Hughes	M45	M	Calderglen harriers	00:11:18	73.60%
40	Scott Coulter	Senior	M	Maryhill Harriers	00:11:24	64.33%
41	David Murphy	M45	M	Shettleston Harriers	00:11:28	71.95%
42	Mark Ashby	M55	M	Victoria Park	00:11:29	78.71%
43	Adam Gamble	Senior	M	Carnethy HRC	00:11:30	63.93%
44	David Eames	M35	M	Bellahouston Harriers	00:11:31	65.05%
45	Peter Jardine	M50	M	Victoria Park	00:11:33	74.38%
46	Timothy Downie	M60	M	Ayr Seaforth	00:11:38	79.77%
47	Michael Kettlewood	M40	M		00:11:45	67.04%
48	Arthur Duggan	M45	M	Motherwell AC	00:11:46	69.03%
49	Loic Jacob	Senior	M		00:11:47	62.23%
50	John Henderson	M50	M	GSSRR	00:11:49	72.70%
51	Laura Gray	W35	F	Garscube Harriers	00:11:49	73.45%
52	Iain MacDonald	M35	M		00:11:50	63.31%
53	Alastair MacLachlan	M60	M	Bellahouston Roadrunners	00:11:52	76.83%
54	Jason Rae	Senior	M		00:11:53	61.72%
55	Steven Grant	M45	M		00:11:54	68.26%
56	Neil Scott	M35	M		00:11:55	64.63%
57	Stephen Wright	M40	M		00:11:56	65.51%
58	James McLaughlin	M50	M	Cambuslang Harriers	00:11:57	72.49%
59	Simon Barrett	M40	M	West End Road Runners	00:12:05	65.19%

60	Jack Bryant	M45	M		00:12:13	65.97%
61	Gordon Ritchie	M40	M	Greenock Glenpark Harriers	00:12:14	65.38%
62	Katherine Hylands	Senior	F	Bellahouston Harriers	00:12:17	68.29%
63	Ross Gilmour	M35	M		00:12:20	61.12%
64	Alastair Cunningham	M50	M		00:12:20	69.66%
65	Finlay Macrae	M40	M		00:12:22	63.69%
66	Peter Freer	M40	M		00:12:26	62.88%
67	Colin Anderson	M40	M		00:12:27	63.75%
68	Cordelia O'Neill	W35	F	West End Road Runners	00:12:29	68.22%
69	Sandy Eaglesham	M65	M	Cambuslang Harriers	00:12:32	76.79%
70	Gerrard Barrett	Senior	M		00:12:37	58.80%
71	Paula McCabe	Senior	F	Cambuslang Harriers	00:12:45	66.19%
72	Alan Sim	M55	M		00:12:46	69.59%
73	Maria Doherty	W50	F	Glasgow South Road Runners	00:12:46	78.77%
74	Craig Pollock	M45	M		00:12:47	63.54%
75	Graham Kerr	Senior	M		00:12:48	57.96%
76	Erica Christie	W60	F		00:12:49	90.29%
77	Iain Crawford	M50	M	Cambuslang Harriers	00:12:50	65.86%
78	Steven Love	M50	M		00:12:51	65.24%
79	Alasdair Beaton	M35	M		00:12:52	58.58%
80	Liam Hastie	M35	M		00:12:56	58.28%
81	Nicola Stevenson	Senior	F	Greenock Glenpark Harriers	00:12:57	64.53%
82	Peter McMaster	M35	M		00:12:59	59.32%
83	Brian Wilson	M35	M		00:13:00	58.38%
84	Angela Campbell	W40	F	Bellahouston Harriers	00:13:03	67.03%
85	James Ashe	M60	M	Ah and MRF running club	00:13:12	70.93%
86	Gordon Tyler	M35	M	Dalmarnock Dawdlers	00:13:18	57.91%
87	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:27	77.82%
88	Colin McKellar	M40	M		00:13:35	57.12%
89	Scott Gallacher	M35	M		00:13:46	55.95%
90	Fiona Thomson	Senior	F		00:13:57	60.50%
91	Lizzie Hamilton	Senior	F		00:13:59	59.88%
92	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:14:12	73.71%
93	Pablo Bello	Senior	M		00:14:25	50.91%
94	Lynne Goldie	W50	F	Bellahouston Roadrunners	00:14:26	70.60%
95	Linda Cunningham	W50	F		00:14:27	67.82%
96	Andrew Boyd	M45	M		00:14:32	56.77%
97	Kerri Lorraine	Senior	F		00:14:49	56.62%
98	Stuart Lorraine	M50	M		00:14:50	57.45%
99	Alex Agnew	M65	M	Lothian Running Club	00:14:50	65.48%
100	Eddie McLaughlin	M55	M		00:14:56	60.53%
101	Tom Keenan	M60	M	Bellahouston Harriers	00:15:05	62.65%
102	Robbie Wishart	M60	M	West End Road Runners	00:15:07	61.94%
103	William Mitchell	M70	M	Cambuslang Harriers	00:15:20	65.35%
104	Rachel Goslan	W40	F		00:15:24	58.46%
105	Elaine Campbell	W60	F	Glasgow South Road Runners	00:15:25	77.38%
106	Andrew Aird	M45	M	Kinross RR	00:15:53	51.54%
107	Clifford Dicker	M70	M	Lothian Running Club	00:16:02	63.26%
108	Michael Daw	M50	M		00:16:14	52.49%
109	Caroline Steel	W35	F		00:16:27	52.77%
110	John Softley	M65	M	Bellahouston Harriers	00:17:37	56.24%
111	Lynn Halliday	W35	F		00:17:49	47.57%
112	John Black	M35	M		00:17:49	42.91%
113	Lorraine Souter	W40	F		00:18:15	49.88%
114	Michelle Mundie	?	F	Jog Scotland	00:19:28	

Thanks to all participants today.

Due to the rain a lot of runner numbers disintegrated on the way so thanks for remembering your number as you came through the funnel.

We have however missed finisher in 34th place in 11 minutes, so if that's you please let me know.

Any other inaccuracies, please let me know.

Alasdair (info@3konthegreen.com)

Remember no 3k in June, next one, 26th July.