3k on the Green 2013 Results summary

Name	Category	M/F	Club	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov
Aaron Whittaker	Junior	M				00:25:15								
Alan Braidwood	Veteran	М	Bellahouston Harriers			00:11:04								
Alan Dempster	Senior	M		00:12:51										
Alan Fitzsimmons	Veteran	M	Fusion Triathlon Club					00:12:51						
Alan Hannah	Senior	M						00:11:33						
Alan McKinnon	Senior	M												00:14:29
Alan Owen	Veteran	M	Whitemoss AAC	00:12:14	00:11:40	00:12:08	00:12:19	00:11:44	00:11:34	00:12:03	00:11:40	00:11:37	00:11:44	00:11:54
Alan Sim	Super Veteran	M			00:13:36	00:13:47	00:13:19	00:13:08		00:13:05				00:13:25
Alasdair Murray	Veteran	M	Kilmarnock Harriers	00:11:50	00:11:16							00:11:35		
Alastair MacLachlan	Super Veteran	M	Bellahouston Roadrun	00:10:55	00:10:34		00:10:44		00:11:09				00:11:02	00:10:53
Alastair MacLachlan	Super Veteran	М	Bellahouston Roadrun	ners										
Alastair Scott	Senior	М										00:09:36		
Alison Banks	Super Veteran	F			00:14:54		00:14:44	00:14:37			00:14:46			
Alison Mason	Senior	F	Bothwell Belters				00:17:19			00:16:56				
Allan Blair	Senior	М							00:12:36	00:13:00			00:12:48	
Allan Mooney	Veteran	М	Clyderunners								00:11:20	00:11:20	00:11:31	00:11:36
Andrew Cameron	Veteran	М							00:11:43	00:11:33		00:10:54		00:11:02
Andrew Farmer	Senior	М			00:12:29						00:12:08			
Andrew Kerr	Senior	М					00:13:15							
Andrew McCaffery	Veteran	М	Calderglen harriers								00:10:33	00:10:27		
Andrew McCall	Senior	М	Greenock Glenpark Ha	rriers		00:10:51	00:10:36		00:10:06					
Andrew Morgan	Senior	М	Ronhill Cambuslang						00:09:44					
Andrew Sharp	Veteran	М				00:15:42			00:14:47					
Andrew White	Veteran	М	Greenock Glenpark Ha	rriers			00:10:07	00:10:04		00:10:09	00:09:57			
Andy Turnbull	Veteran	М	Stirling Triathlon										00:10:19	
Andy Law	Super Veteran	М	Victoria Park					00:10:44						
Angela McNeill	Senior	F								00:16:16		00:16:13		
Anne Follan	Veteran	F	Pontypridd Roadents									00:14:30		
Annmarie McCaffrey	Veteran	F	Kirkintilloch Olympians	00:12:07										
Anthony Jannetta	Senior	М	Bellahouston Roadrun											00:10:26
Anthony Quinn	Super Veteran	М	Cartha Harriers		00:10:54		00:10:40	00:10:27	00:10:41		00:10:36	00:10:23		
Arlene Bristow	Veteran	F	Ronhill Cambuslang				00:10:38				00:10:47			
Ashleigh Oates	Senior	F	3										00:13:03	
Asia Boyce	Veteran	F								00:13:39				
Barrie Johnstone	Senior	М						00:11:12	00:10:53					
Barry Hope	Senior	М			00:12:04				00:11:41					
Barry Ure	Senior	М					00:14:08					00:14:01		
Blair O Brien	Senior	М											00:15:52	00:15:13
Bob Reid	Senior	М	Bellahouston Roadrun	00:10:00							1	221.0.70		22.70.70
Caleb Maginn	Junior	М	Perth Strathtay Harrier			00:13:38					1		1	
Calum McVie	Senior	М	Fusion Triathlon Club			500.00								00:10:15
Carol Keenan	Super Veteran	F	Bellahouston Harriers			00:15:36				00:15:16		00:14:44		00:15:00
Caroline Cochran	Veteran	F				200.00		00:13:33	00:13:12	30	00:13:43		00:13:19	
	. 0.0	ľ						00.10.00	00.10.12		. 55.15.∃6	. 55.15.50	00.10.10	55.10.00

Catherine McNeil	Senior	F					00:15:50							
Catriona Reoch	Veteran	F					00:24:54							
Celia Thompson	Super Veteran	F					00:15:54							
Charles Kerr	Senior	М					00:13:38			00:12:50				00:12:24
Chris Black	Senior	М	Stirling Triathlon										00:09:49	
Chris Greenhaugh	Senior	М												00:09:40
Chris Upson	Veteran	М	Westerlands											00:09:59
Chris Watson	Senior	М	Greenock Glenpark Ha	rriers			00:10:54		00:10:48	00:10:38				00:10:48
Christopher Devine		М									00:10:06			00:09:48
Christopher McKiddie	Senior	М			00:11:13		00:11:12		00:10:47	00:10:42				
Christopher Steward	Super Veteran	М											00:14:15	
Claire McArthur	Senior	F	Shettleston Harriers									00:11:06		
Claire Quinn	Senior	F						00:15:30						
Colin Fisher	Veteran	М							00:13:58					
Colin McKellar	Senior	М					00:14:40	00:13:14						
Collette Byars	Senior	F					00:13:28							
Connor Hughes	Senior	M					00:21:01							
Conor McEllean	Senior	M							00:13:30					
Craig Collier	Senior	М							00:13:27	00:13:12				
Craig Lamont	Senior	М	Bellahouston Harriers					00:10:19						
Craig Reid	Senior	М	Bellahouston Roadrun	00:09:49			00:09:36			00:09:26				
Craig White	Senior	М	Maryhill Harriers						00:10:08		00:09:48			
Damian McLaughlin	Senior	М						00:13:08						
Dan Clements	Senior	М	Hunters Bog Trotters						00:11:18					
Danny Cairns		М									00:11:52			
Danny Pearce	Super Veteran	M	Fusion Triathlon Club											00:14:30
Darran Muir	Senior	M	Law & District							00:09:38	00:09:37			
Darren Ross	Veteran	M								00:13:50				
Darren Russell	Veteran	M			00:12:54	00:13:01		00:12:56						
Dave Slater	Senior	M											00:17:10	
Dave Thom	Super Veteran	M	Ronhill Cambuslang					00:10:08			00:09:52			
David Baldie	Senior	M			00:14:43	00:15:29								
David Boag	Veteran	M	Bellahouston Roadruni	ners										00:11:31
David Cooney	Super Veteran	M	Ronhill Cambuslang							00:12:36	00:12:28			
David Dickson	Super Veteran	M	Garscube Harriers							00:10:55				
David Forsyth	Senior	M			00:12:14									
David Kelly		M									00:12:13			
David MacIver	Veteran	M											00:10:59	00:11:09
David McInally	Senior	M	Finchy Flyers				00:12:32	00:12:00		00:12:08	00:12:15		00:12:20	
David Mitchell	Senior	M						00:11:03		00:10:41				
David Mooney	Senior	M						00:11:27		00:11:27	00:11:22			
David Munro	Super Veteran	M							00:14:03					
David Murphy	Veteran	M	Shettleston Harriers					00:11:30						
David Stirling	Veteran	M						00:14:20	00:13:57	00:14:30	00:13:34	00:13:36	00:14:21	
David Thomson	Senior	M	East Kilbride AC				00:10:40							
Deirdrie McDermot	Senior	F	Tonbridge Athletic					00:10:21						
Derek Leitch	Super Veteran	M	East Kilbride AC		00:11:21						00:11:44			

Dylan Bolam Senior M Continue Cont	Derek Middleton	Super Veteran	М	Kilmarnock Harriers	00:14:20		00:14:28								1
Dmitrios Sotificu Senior M	Diane Seenan	Senior	F			00:21:58									
Dimitrios Sotificid Dimitrios Sotificid Senior M Duncan Elicitich M Duncan Riddell Veteran M Maryhill Harriers Duncan Riddell Veteran M Edible Carr Super Veteran M Edible Carr Senior F Super Veteran M Edible Carr Senior F Super Veteran M Edible Carr Senior F Super Veteran M Senior F Super Veteran Super Veteran Super Veteran M Super Veteran Senior M Super Veteran M Super Super Veteran M Super Veteran M Super Super Super Veteran M Super Sup	Diane Wilson	Veteran	F		00:18:48										
Duncan Riddell Veteran M			М					00:11:25	00:10:47	00:10:26					
Duncan Riddell Veteran												00:13:30			
Dylan Bolam Senior M Ronhill Cambuslang 00:12:04		Veteran		Maryhill Harriers											00:11:59
Eddie Follan Veteran			М	,				00:14:16							
Edite Follan	-	Super Veteran	М	Ronhill Cambuslang	00:12:04										
Euan Paterson Brown Senior M	Eddie Follan	Veteran	М												
Euan Paterson Brown Senior M	Emily P	Senior	F	Muvizu Allstars					00:19:08						
Fiona McLean	,	Senior	М							00:11:46		00:11:19	00:11:29		
Fiona McLean								00:16:33							
Gael McCallum			F												
Gary Hester			F	Bellahouston Harriers								00:14:07	00:14:03		00:14:33
Gary Hester			М					00:15:45							
Geoff McKay												00:09:51			1
George Pettit		Veteran	_											00:12:46	1
Gerrad Scullion Senior M Bellahouston Roadrunners			М	Ronhill Cambuslang		00:10:06			00:10:33						1
Gordon Bartlett Senior M Maryhill Harriers 00:10:05 00:09:37 00:09:27 00:01:20 00:11:38 00:11:20 00:11:38 00:11:35 00:12:00 00:11:38 00:11:20 00:11:38 00:11:35 00:11:35 00:12:00 00:11:38 00:11:20 00:11:38 00:11:35 00:11:35 00:12:00 00:11:38 00:11:35 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:36 00:11:38 00:11:36 00:11:36 00:11:36 00:11:36 00:10:09 00:10:08 00:10:08 00:10:09 00	Ü				ners								00:10:35		
Gordon Curran Veteran M Maryhill Harriers 00:10:05 00:09:37 00:09:27 00:01:38 00:11:20 00:11:38 00:11:30 00:11:30 00:11:35 00:11:35 00:11:35 00:11:36 00:11:36 00:11:37 00:11:36 00:10:08 00:10:09 00:					.0.0								00110100		00:13:21
Gordon Gallacher Veteran M Bellahouston Harriers 00:11:38 00:11:20 00:11:20 00:11:38 00:11:35 00:12:00 00:12:00 00:10:0			_	Maryhill Harriers				00:10:05	00:09:37	00:09:27					00110121
Gordon Riddet Senior M Kilbarchan 00:11:27 00:11:10 00:09:22 00:10:08 00:09:22 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:08 00:10:09 00:10:10 00:10:09 00:10:10 00:10:09 00:10:10 00:10:09 00:10:10 00:10:09 00:10:10 00:10:09 00:10:10 00			_		00:11:38			001.0.00			00:11:38	00:11:43	00:11:35	00:12:00	00:11:40
Gordon Robertson Senior M Ronhill Cambuslang			_		00111100						33111133	00111110	00111100	00112100	0011110
Gordon Stevenson Veteran M Sweatshop Glasgow 00:10:08									00.11.27	00.11.10			00:09:22		
Graeme Aitken Veteran M Sweatshop Glasgow 00:10:09 00:10:00				rteriiii Garnedelarig									00.00.22	00:10:08	
Graeme Croll Veteran M Strathclyde Fire Service 00:10:09				Sweatshop Glasgow									00:13:00	00.10.00	
Graeme Kennedy					e	00:10:09							00.10.00		
Graeme Lawson Senior M				Channely as I no contrib		00.10.00				00:10:10					
Graeme Pert Super Veteran M Wee County Harriers O0:12:45 O0:16:52 O0:12:48 O0:12:37 O0:11:25 O0:11:25			_					00:11:58	00:11:46		00:12:07				
Graeme Wilson Super Veteran M Wee County Harriers										00.11.00	00.12.07			00:12:48	00:12:52
Greg Crockart Senior M Glasgow Frontrunners 00:12:23 00:12:37 Greg Dimmer Veteran M 00:12:58 00:11:55 00:12:30 00:12:16 Greg Hastie Veteran M Ronhill Cambuslang 00:09:54 00:00:09:54 H Atkinson Senior Double Senior 00:14:55 00:00:00:09:54 Henry Merriweather Veteran M Bellahouston Roadrunners 00:14:55 Hugo Nicolau M Double Senior 00:12:09 00:11:25 Iain Crawford Veteran M Double Senior 00:11:45 00:11:45 Ian Herd Veteran M Double Senior 00:12:55 00:12:01 00:12:53 Ian Kennedy Super Veteran M Hunters Bog Trotters Double Senior 00:11:28 00:12:06 Jacob Lovatt Veteran M Hunters Bog Trotters 00:14:51 00:14:59				Wee County Harriers				00.12.10	00.10.02					00.12.10	00:12:52
Greg Dimmer Veteran M 00:12:58 00:11:55 00:12:30 00:12:16 00:12:16 Greg Hastie Veteran M Ronhill Cambuslang 00:09:54 00:09:12:55 00:09:54 00:09:54 00:09:54 00:09:54 00:09:54 00:09:54 00:09:54 00:09:54 00:09:54 <td< td=""><td></td><td></td><td>_</td><td></td><td></td><td>00:12:23</td><td></td><td></td><td></td><td></td><td></td><td></td><td>00:12:37</td><td></td><td>00.10.00</td></td<>			_			00:12:23							00:12:37		00.10.00
Greg Hastie Veteran M Ronhill Cambuslang 00:09:54 00:09:54 00:012:09 00:011:25 00:012:09 <th< td=""><td></td><td></td><td></td><td>Clasgow i Toritianiloro</td><td>00:12:58</td><td></td><td>00:12:30</td><td>00:12:16</td><td></td><td></td><td></td><td></td><td>00.12.01</td><td></td><td></td></th<>				Clasgow i Toritianiloro	00:12:58		00:12:30	00:12:16					00.12.01		
H Atkinson Senior 00:14:55 00:14:55 Henry Merriweather Veteran M Bellahouston Roadrunners 00:11:25 0 Hugo Nicolau M 00:12:09 00:12:09 0 Iain Crawford Veteran M 00:12:19 00:11:45 00:11:41 0 Ian Goudie Super Veteran M Bellahouston Harriers 00:12:31 00:12:53 0 Ian Kennedy Super Veteran M 00:12:55 00:12:01 0 0 Ivor Normand Veteran M Hunters Bog Trotters 00:11:28 0 0 0 Jacob Lovatt Veteran M 00:11:42 0				Ronhill Cambusland	00.12.00	00.11.00		00.12.10							
Henry Merriweather Veteran M Bellahouston Roadruners 00:11:25 0 Hugo Nicolau M 00:12:09 0 Iain Crawford Veteran M Bellahouston Harriers 00:12:19 00:11:45 00:11:41 0 Ian Goudie Super Veteran M Bellahouston Harriers 00:12:31 00:12:53 Ian Herd Veteran M 00:12:55 00:12:01 00:11:28 Ivor Normand Veteran M Hunters Bog Trotters 00:11:28 00:12:06 Jacob Lovatt Veteran M 00:11:42 00:14:59 00:14:59 Jacqueline Campbell Senior F 00:14:51 00:14:59 00:14:59 Jacqueline Campbell Senior F 00:14:51 00:14:59 00:14:59 Jacqueline Campbell Senior F 00:14:51 00:14:59 00:14:59 00:14:59 Jacqueline Campbell Senior F 00:14:51 00:14:59 00			171	Tronnin Cambasiang		00:14:55	00.00.04								
Hugo Nicolau M 00:12:09 Iain Crawford Veteran M Ian Goudie Super Veteran M Ian Herd Veteran M Ian Kennedy Super Veteran M Ivor Normand Veteran M Ivor Normand Veteran M Hugo Nicolau 00:12:19 00:11:45 00:12:53 00:12:53 Ian Herd Veteran M Ivor Normand Veteran M Hugo Nicolau 00:12:13 00:12:31 00:12:53 Ian Kennedy Super Veteran M Ivor Normand Veteran M Hugo Nicolau 00:12:31 00:12:01 Ivor Normand Veteran M Hugo Nicolau 00:12:31 00:11:28 Jacob Lovatt Veteran M Jacopular Normand 00:14:51 00:14:59			М	Rellahouston Roadrum	ners	00.14.00							00:11:25		00:11:50
Iain Crawford Veteran M		Votoran		Benariousterr (todardin	1010							00.12.09	00.11.20		00:11:00
Ian Goudie Super Veteran M Bellahouston Harriers		Veteran							00.12.19				00.11.41		00:12:07
Ian Herd Veteran M 00:12:31 Ian Kennedy Super Veteran M 00:12:55 00:12:01 Ivor Normand Veteran M Hunters Bog Trotters 00:11:28 Jacob Lovatt Veteran M 00:11:42 00:12:06 Jacqueline Campbell Senior F 00:14:51 00:14:59				Rellahouston Harriers					00.12.13			00.11.40			00.12.07
Ian Kennedy Super Veteran M 00:12:55 00:12:01 Ivor Normand Veteran M Hunters Bog Trotters 00:11:28 Jacob Lovatt Veteran M 00:11:42 00:12:06 Jacqueline Campbell Senior F 00:14:51 00:14:59				Delianousion Harriers				00.12.31					00.12.00		
Ivor Normand Veteran M Hunters Bog Trotters 00:11:28 Jacob Lovatt Veteran M 00:11:42 00:12:06 Jacqueline Campbell Senior F 00:14:51 00:14:59							00:12:55								
Jacob Lovatt Veteran M 00:11:42 00:12:06 Jacqueline Campbell Senior F 00:14:51 00:14:59				Hunters Rog Trottors			00.12.00	00.12.01		00.11.28					\vdash
Jacqueline Campbell Senior F 00:14:51 00:14:59			_	Trumers bog Trollers	00.11.42					00.11.20		00.12.06			\vdash
Cassasini Campbon Conner					00.11.42	00.14.51				00:14:50		00.12.00			
			•			00.14.01		00.14.03			00.14.00				
James Chalmers Senior M 00:12:48 00:12:16			'							00.14.09	00.14.00		00:12:16		\vdash
James Fraser Senior M 00:12:48 00:12:16 00:13:00								00.12.48					00.12.10	00.12.00	

James Kelly	Senior	М											00:13:11	
James O'Hara	Veteran	М	Bellahouston Roadruni	ners										00:11:48
James Stewart	Senior	M			00:10:33	00:10:38		00:10:34	00:10:28					
James Wright	Senior	M					00:10:41		00:10:55		00:10:45			
Jamie McLaughlan	Junior	M				00:22:28								
Jason Smith	Senior	М										00:11:46		
Jennifer Duru	Senior	F	Garscube Harriers											00:12:15
Jill O'Neill	Senior	F	Garscube Harriers		00:11:42									
Joe Biggam	Super Veteran	М	Maryhyill Harriers		00:12:46									
Joe Davies	Senior	М				00:22:28								
Joe Micoud	Super Veteran	М	Maryhyill Harriers		00:11:18									
Joe Storie	Super Veteran	М	, ,			00:25:45								
Joel Barricklow	Senior	М											00:11:18	
John Allison	Senior	М								00:12:58				
John Cannon	Veteran	М			00:15:12									
John Connolly	Senior	M											00:10:20	
John Gilhooly		M	Bellahouston Roadruni	ners	00:10:43		00:10:49							
John Kirkwood	Senior	М							00:12:40					
John Mackenzie	Veteran	М											00:10:55	
John Malcolm	T GtG.G.	M									00:10:09		00110100	
John McPake	Veteran	M					00:11:33				00110100			
John Tougher	Veteran	M	Kilmarnock Harriers				00.11.00		00:11:16					
John Weir		M	Maryhill Harriers		00:10:55		00:10:53		00:10:50					
Jonathan Graham	Senior	M	Springburn Harriers		00.10.00		00.10.00		00.10.00	00:10:50				
Jonny McLeish	Senior	M	Cpringsam Harriers					00:12:19		00.10.00				
Karen Dunbar	COTILOT	F						00.12.10			00:13:57			
Katherine Hylands	Senior	F	Bellahouston Harriers							00:12:29	00.10.07			
Katie Allan	Senior	F	Benarioustori Harriers						00:13:38	00.12.20	00:13:37			
Katie Hughes	Senior	F					00:23:31		00.13.30		00.13.37			
Keith Gibb		M	Bellahouston Roadruni	nere	00:12:57		00:23:37	00:11:57		00:11:55				
Keith Kettlewell	Senior	M	Delianousion Roadium	1013	00.12.07		00.12.37	00.11.57		00:11:33				
Keith MacKenzie	Veteran	M						00:13:15		00:12:23	00:12:56	00:13:04		
Ken Mortimer		M	Edinburgh Athletic					00.13.13		00.13.17	00.12.30	00:10:33		
Kenny Yancouskie	Senior	M	Lumburgh Atmetic						00:12:12	00:11:47		00.10.33		
Kevan McCartney	Senior	M	Greenock Glenpark Ha	00:11:20					00.12.12	00:10:43				
Kevin Brydon	Senior	M	Shettleston	00.11.29	00:09:13			00:09:36		00.10.43				00:09:22
Kevin Cameron	Senior	M	Onellieston		00.03.13			00.03.00					00:11:26	
Kevin McNulty	Senior	M								00:16:05			00.11.20	
Kieran Morgan		M	Carnegie Harriers							00:16:05				
Kirsten Vandome	Veteran	IVI	Camegie Hailleis				00:21:44			00.12.03				
	VEICIAII	М					00.∠1. 44				00:13:11			-
Kyle Montague	Conjor	IVI					00:24:54				00.13.11			
Lauran Rica	Senior	F					00.24.54							00.43.00
Lauren Rice	Senior	F						00:20:25						00:13:09
Leanne Murray	Senior							00:20:25		00:46:50				
Leanne Rae	Senior Senior	F	Garscube Harriers				00:10:08			00:16:58	00:10:12			
Lesley Chisholm											こういつりょう			Ī

Linda Kennedy	Veteran	F	Bellahouston Roadruni	ners				00:13:01						00:12:58
Liz Towers	Senior	F	Donario dotori i todarani	1010		00:14:17		00.10.01						00.12.00
Louise Stott	Senior	F				00:25:45								
Lynn McKinlay	Senior	F				00:15:23					00:15:13			
Lynne Malcolm	Veteran	F			00:17:26	00.10.20					00.10.10			
Lynsey Lennox	Senior	F	Dumbarton AC		00							00:11:14		
Lynsey McFarlane	Senior	F	Dambarton 710		00:23:08			00:21:51				00:20:23	00:20:23	00:18:51
Lynsey Weir	Veteran	F			00.20.00		00:18:26	00.21.01				00.20.20	00.20.20	00.10.01
Margaret Hutchinson	Veteran	F		00:13:30	00:13:02	00:13:24			00:13:25		00:13:09		00:13:38	00:13:35
Mark Ashby	Super Veteran	M	Victoria Park	00:10:00		00:10:57			00.10.20			00:10:44	00.10.00	00.10.00
Mark Alexander	Senior	M	Kilmarnock Harriers	00.11.01	00.10.04	00:10:39	00.10.02	00.11.00			00.10.00	00.10.44		
Mark Gardner	Senior	M	Lancaster & Morecamb	ne AC		00.10.00							00:09:35	
Mark Kousourou	Veteran	M	Landador a Morecarri	70710		00:13:30	00:13:47	00:14:15	00:14:42	00:13:52	00:13:46		00.00.00	
Mark McGregor	Veteran	M				00.10.00	00.10.47	00.14.10	00.14.42	00.10.02	00.10.10			00:12:55
Mark Paterson	Senior	M	Bellahouston Harriers							00:10:18				00.12.00
Mark Preston	Octiloi	M	Behariousteri Harriers							00.10.10	00:10:40			
Mark Robinson	Senior	M									00.10.40		00:11:13	
Mark Timmons	Senior	M						00:10:58					00.11.10	
Mark Wallace	Senior	M	 					00.10.00						00:13:25
Martin Whyte	Senior	M	 	00:11:42			00:11:37	00:10:58				00:11:56		00.13.23
Matthew Brown	Senior	M	Bellahouston Harriers	00.11.42			00.11.37	00.10.50		00:10:56		00.11.00		
May Blackburn	Super Veteran	F	Delianousion Harriers		00:18:15					00.10.50		00:18:54		
Michael McCartney	Super Veteran	M	Maryhill Harriers		00:10:13		00:10:38		00:10:37			00.10.34		
Michael Purkiss	Senior	M	iviaryriiii i iarriers		00.10.37		00.10.30		00.10.37					00:11:43
Michael Sweeney	Senior	M	Westerlands										00:09:55	00.11.43
Michelle Morrison	Senior	F	Westerianus							00:18:20			00.09.55	
Mike Donohue	Super Veteran	M								00.10.20		00:11:34	00:11:41	
Mikey Edgar	Veteran	F					00:20:03					00.11.34	00.11.41	
Morag Casey	Senior	F	Garscube Harriers				00:20:03					00:13:56		
Murray McPhee	Veteran	М	Garscube Harriers			00:20:02	00.13.20					00.13.30		
Nea MacInnes	Senior	M	Bellahouston Roadruni	oore		00.20.02		00:10:46		00:10:28	00:10:14			
Neil Henderson	Seriioi	M	Bellarioustori Roadiurii	1013				00.10.40		00.10.20	00:10:14			
Neil McTavish	Veteran	M		00:12:37			00:13:02				00.11.27			
Nicola Pairman	Senior	F		00.12.37	00:21:58		00.13.02							
Nicola Walker	Super Veteran	F	Greenock Glenpark Ha	rriore	00:21:38									
Owen O'Neill	Senior	М	Westerlands	iiieis	00.12.49							00:10:17		
	Veteran	M	vv colenanus		00:15:12							00.10.17		
Paul Chapman		M			00.15.12									00:12:11
Paul Chapman	Senior	M									00:12:16			00.12.11
Paul King	Caniar	_						00.42.00			00:13:16			
Paul Leonard	Senior	M						00:13:00		00:44:20	00:44:04	00.10.50	00:11:03	00.11.15
Paul Markac	Senior	M					00.40.00	00.44.47		00:11:36				00.11:15
Paul Viole	Veteran	M		00.44.54	00.44.05	00.40.00	00:12:06				00:11:47	00:11:40		
Paul Viola	Veteran	M	A Ca afa ath	00:11:51	00:11:35	00:12:02	00:11:56	00:11:16			00:12:02			
Peter Laing	Super Veteran	M	Ayr Seaforth				00:10:49						00:44:07	00:44:05
Philip Knight	Veteran	M					00.40.00		00.40.40		00.40.67		00:11:07	00:11:05
Philip Royle	Senior	M	Dellate et D				00:13:22		00:13:10	00.40.05	00:12:37			00.40.00
Raymond Farrell	Veteran	М	Bellahouston Roadruni	ners						00:10:35				00:10:33

Richard Britton	Senior	М		00:12:17			00:12:25				00:11:32	00:11:24		
Richard Cooper	Veteran	M		00.12.11			00.12.20				00.11.02	00.11.21		00:10:24
Richard Fisher	Super Veteran	М												00:11:10
Richard Gordon	Veteran	M					00:14:38	00:14:24						00111110
Richard McCall	Senior	М							00:14:19					
Rob Gallacher	Senior	М								00:12:48				
Rob Mussett	Super Veteran	М				00:11:23				00112110				
Robbie Paterson	Junior	М				00:25:44								
Robert McMillan	Senior	М				00.20	00:13:54		00:13:08					00:13:17
Robert Rossborough	Senior	М	Ronhill Cambuslang				00110101		00110100	00:10:15		00:10:05	00:10:14	00110111
Robert Smith	Veteran	М	Tronnin Cambadang		00:13:38					00.10.10		00.10.00	00.10.11	
Ross Crawford	Senior	М			00.10.00			00:11:35	00:11:23	00:11:05	00:10:58	00:11:08		
Ross Mackenzie	Senior	М						00:10:01	00:09:47	00.11.00	00.10.00	00.11.00		
Ross Porter	Senior	M				00:13:41		00.10.01	00.00.11					
Russell Morrison	Super Veteran	М		00:15:13	00:13:34	00:13:46	00:13:19	00:13:46	00:13:06	00:12:56			00:13:16	
Russell Paton	Senior	М		00.10.10	00.10.01	00.10.10	00:13:31	00.10.10	00.10.00	00.12.00			00.10.10	
Ryan Gunn	Veteran	M					50.10.01	00:12:03						
Sammy Hearl	Junior	M	Inverclyde AC					00.12.00	00:12:00	00:12:44				
Sandra Branney	dillo	F	invereigue 7te						00.12.00	00.12.11	00:11:27			
Sandy Eaglesham	Super Veteran	M	Ronhill Cambuslang					00:11:25			00.11.27			
Sarah Cardwell	Veteran	F	Ttorrilli Garribusiang		00:15:12			00.11.20						
Sarah Grant	Senior	F			00.10.12			00:14:30		00:14:35		00:14:47		
Scott Hercus	Senior	M	+					00.14.00		00.14.00		00.14.47	00:12:48	
Sean Connolly	Veteran	M	Clyde Runners								00:12:32	00:12:19		00:11:57
Sean Hampson	Senior	M	Ciyde Ruilleis						00:11:43		00.12.32	00.12.19		00.11.57
Sean McEntaggert	Veteran	M					00:11:58		00.11.43					
Sean Reid	Senior	M		00:10:29			00:11:36				00:10:21	00:10:18		
Sharon Molloy	Senior	F		00.10.23			00.10.10	00:15:31	00:15:04		00.10.21	00.10.10	00:14:56	
Sharon Wright	Veteran	F						00:13:31	00.15.04				00.14.50	
Simon Gibson	Senior	M						00.17.03				00:11:43		
Simon Lennox	Senior	M	Dumbarton AC				00:10:55					00:11:43		
	Veteran	M	Kirkintilloch Olympians				00.10.55		00:10:30			00.10.43		
Stephen Allan		M	Kirkintilloch Olympians		00.40.00	00.40.40	00.44.22	00.11.20	00.10.30		00:12:02			
Stephen Connor	Senior			00.44.42	00:12:08	00:12:13	00:11:33	00:11:20		00.11.01	00:12:02			
Stephen Hoey	Veteran	M M		00:11:13			00:10:47 00:13:23		00:13:17	00:11:01 00:13:10		00:13:06		00:13:37
Stephen McKee	Super Veteran		Control AC				00:13:23			00:13:10		00:13:06		00:13:37
Steven Hamilton	Super Veteran	M	Central AC	00.40.40		00.40.00	00.40.47		00:12:58		00.00.50		00.40.07	00.00.54
Steven Prentice	Senior	M	Bellahouston Harriers	00:10:13		00:10:20			00:09:54		00:09:50		00:10:07	00:09:54
Steven Robertson	Senior	M					00:11:39	00.40.40			00:11:24	00.44.40		
Stewart Tacchi	Senior	M						00:12:18	00.40.00			00:11:46		
Stuart Caldwell	Senior	M						00:12:11	00:12:03		00.45.00			
Stuart Irvine	0	M			00.40.01						00:15:29			
Stuart Macdougall	Senior	M			00:10:04			00.40.55		00.40.00		00:10:04		
Stuart McAleer	Senior	M						00:10:57		00:12:06	00:11:58	00 (0.7-	00 (0 ()	
Stuart Rennie	Senior	М					00.47.5			00:12:45	00 (1 1 -	00:12:56	00:12:44	
Susan McGuinness	Veteran	F					00:15:20				00:14:40			
Suzanne McMahon	Veteran	F	Edinburgh Athletic				00:12:47							00:12:20
Ted Gourley	Super Veteran	M	Giffnock North											00:10:23

Thomas McDonald	Senior	М	Bellahouston Harriers									00:09:20
Tom Henery		M								00:13:30		
Tom Keenan	Super Veteran	M	Bellahouston Harriers		00:13:57				00:13:31		00:13:05	00:13:24
Tony Burns	Veteran	M									00:10:37	
Tony Hamilton	Senior	M		00:14:04	00:14:34			00:13:50				00:13:13
Tony McGale	Veteran	M	Springburn Harriers					00:11:30				
Victoria Devoy	Senior	F							00:16:02			
William Martin	Veteran	M				00:12:03	00:11:26	00:11:10	00:11:41			
Yvonne Harkness	Veteran	F							00:18:20			