

Note - No 3k on the Green on September. Back on October 28th

3k on the Green		Aug-16			Race Time
Runner	Category	M/F	Club		
1	Robbie Ferguson	Junior	M	Bellahouston Harriers	0:09'32.69
2	Shaun Butler	Senior	M	Ron Hill Cambuslang	0:09'37.18
3	Steven Prentice	Veteran	M	Bellahouston Harriers	0:09'42.15
4	Darren McQuade	Senior	M	Bellahouston Harriers	0:09'44.34
5	Peter Mackie	Senior	M	Shettleston Harriers	0:09'48.47
6	Andrew Anderson	Senior	M		0:09'55.28
7	Richard Cooper	Veteran	M		0:09'56.44
8	Darran Muir	Senior	M	Law & District	0:09'57.81
9	Alan Hume	Senior	M	Central AC	0:10'07.96
10	Scott Henderson	Senior	M		0:10'08.73
11	Chris MacNeil	Senior	M		0:10'09.44
12	Chris Greenhaugh	Veteran	M		0:10'14.85
13	David Hogg	Veteran	M	Kirkintilloch Olympians	0:10'15.14
14	Michael O'Healy	Senior	M		0:10'19.56
15	Paul Kernohan	Senior	M	Ron Hill Cambuslang	0:10'26.22
16	Calum Ferguson	Junior	M	Bellahouston Harriers	0:10'32.40
17	Mark King	Veteran	M	Glasgow South Road Runners	0:10'34.84
18	Mathew Conway	Senior	M		0:10'41.88
19	William Reid	Super Veteran	M		0:10'48.09
20	Stephen Hanley	Senior	M	Greenock Glenpark Harriers	0:10'52.41
21	Calum Ferguson	Junior	M	Bellahouston Harriers	0:10'32.40
22	Natalie Stevenson	Senior	F	Fusion Triathlon Club	0:10'53.31
23	Alex Osborne	Senior	M	Westerlands	0:10'57.00
24	David McMillan	Senior	M		0:11'05.57
25	Alan Owen	Veteran	M	Whitemoss AAC	0:11'09.62
26	Paul Houston	Veteran	M	Bellahouston Harriers	0:11'11.53
27	David Hulse	Senior	M	Bellahouston Roadrunners	0:11'13.34
28	Alastair MacLachlan	Super Veteran	M	Bellahouston Roadrunners	0:11'15.13
29	Stephen Wright	Senior	M		0:11'16.59
30	David Mooney	Veteran	M		0:11'17.71
31	Michael Blair	Senior	M	Shettleston Harriers	0:11'26.06
32	James Weir	Veteran	M		0:11'30.56
33	Stuart Ainslie	Senior	M		0:11'32.41
34	Gordon Stewart	Veteran	M		0:11'32.81
35	Martin Whyte	Senior	M	Stirling Triathlon	0:11'42.44
36	Richard Britton	Veteran	M	Stirling Triathlon	0:11'43.99
37	Finlay Macrae	Senior	M		0:11'44.59
38	Neil Nairn	Veteran	M	Bellahouston Harriers	0:11'45.18
39	Ian Anscombe	Veteran	M	Bellahouston Harriers	0:11'45.45
40	Lok Man Andrew Chung	Senior	M		0:11'51.12
41	Colin Dobbie	Senior	M		0:11'52.31
42	Kieran McGlashan	Senior	M		0:12'00.09

43	Calum Cais	Senior	M		0:12'02.35
44	Stuart Lorraine	Super Veteran	M		0:12'11.32
45	Ross Anderson	Senior	M		0:12'15.13
46	Steven Love	Veteran	M		0:12'15.91
47	Ian Goudie	Super Veteran	M	Scottish Veteran Harriers	0:12'17.40
48	David Stirling	Veteran	M	Ron Hill Cambuslang	0:12'22.69
49	Melanie Ronald	Veteran	F	Bellahouston Harriers	0:12'23.59
50	David Cooney	Super Veteran	M	Ronhill Cambuslang	0:12'29.20
51	Debbie Martin Consani	Veteran	F	Garscube Harriers	0:12'36.13
52	Neil Thomson	Senior	M		0:12'36.53
53	Ali Wright	Veteran	F		0:12'43.41
54	Iain Crawford	Veteran	M		0:12'44.81
55	Martha Lovatt	Senior	F	Garscube Harriers	0:12'45.68
56	Alistair Garroway	Veteran	M		0:12'47.85
57	Elizabeth O'Keefe	Senior	F		0:12'51.59
58	Jennie Jackson	Super Veteran	F	Irvine Running Club	0:12'58.46
59	William Todd	Senior	M		0:12'59.35
60	Linda Woodcraft	Senior	F		0:13'00.73
61	Anne Scott	Veteran	F		0:13'04.16
62	Liam Hastie	Senior	M		0:13'05.81
63	Mark Garton	Veteran	M	Rons Runners	0:13'06.69
64	Sharon Molloy	Senior	F		0:13'07.03
65	Gary Wood	Senior	M	Motherwell AC	0:13'11.46
66	Margaret Hutchinson	Veteran	F		0:13'15.25
67	Craig Donnelly	Senior	M		0:13'28.68
68	John Moore	Senior	M		0:13'38.69
69	Judith Grieve	Senior	F		0:13'46.69
70	Frazer McIntosh	Senior	M		0:13'59.91
71	Lizzie Hamilton	Senior	F		0:14'06.28
72	Shirley MacNab	Super Veteran	F	Kirkintilloch Olympians	0:14'10.69
73	Russell Morrison	Super Veteran	M		0:14'18.66
74	Fred McCain	Super Veteran	M	Haddington Running Club	0:14'21.52
75	Gillian McGale	Veteran	F	Springburn Harriers	0:14'39.12
76	Marianne Stirling	Senior	F		0:14'43.41
77	Christopher Steward	Super Veteran	M	Bellahouston Harriers	0:14'46.65
78	Robert Neil	Super Veteran	M	Forth Valley Orienteers	0:14'47.65
79	Jacqueline Campbell	Veteran	F		0:14'52.25
80	#N/A	#N/A	#N/A	#N/A	0:15'05.21
81	Sarah Groom	Senior	F		0:15'17.21
82	Sharon Johnston	Veteran	F		0:15'23.94
83	Celia Thompson	Super Veteran	F		0:15'25.27
84	Kris Schimmel	Veteran	M		0:15'46.18
85	John Softley	Super Veteran	M	Bellahouston Harriers	0:16'16.01
86	John Mulgrew	Veteran	M		0:16'16.28
87	Gemma Welsh	Senior	F		0:17'00.04
88	Marta Oleszczuk	Senior	F		0:17'10.94
89	May Blackburn	Super Veteran	F		0:17'31.72
90	Jim McAuley	Veteran	M		0:17'36.73
91	Deirdrie Hoyle	Super Veteran	F	Bellahouston Harriers	0:17'42.34
92	Sarah Berry	Veteran	F		0:18'12.41

93	Alex Heron	Super Veteran	M	0:22'46.96
94	Cecilia Heron	Super Veteran	F	0:29'52.09