

3k on the Green		Feb-18			Race Time	Age Grade %
Runner	Category	M/F	Club			
1	Shaun Butler	Senior	M	Cambuslang Harriers	00:09:14	80.71%
2	Jason Bell	Senior	M	Helensburgh AC	00:09:23	78.18%
3	Ross MacKenzie	Senior	M		00:09:29	77.52%
4	Iain Carroll	Senior	M		00:09:33	80.65%
5	Colin Whitby	Senior	M	Irvine Running Club	00:09:35	78.65%
6	Matthew McKenna	Senior	M	Cambuslang Harriers	00:09:46	75.09%
7	Steven Prentice	Veteran	M	Bellahouston Harriers	00:09:50	80.71%
8	Chris Upson	Super Veteran	M	Cambuslang Harriers	00:10:02	86.34%
9	Richard Cooper	Veteran	M		00:10:06	81.05%
10	Graeme Laing	Senior	M		00:10:07	76.13%
11	Andrew McCall	Senior	M	Greenock Glenpark Harriers	00:10:08	72.55%
12	Michael Savvas	Senior	M	Norwich Road Runners	00:10:13	73.78%
13	David Simpson	Veteran	M		00:10:18	75.90%
14	Brian Robertson	Senior	M	Shettleston Harriers	00:10:22	72.27%
15	Chris MacNeil	Senior	M		00:10:25	70.46%
16	Paul Kernohan	Veteran	M	Cambuslang Harriers	00:10:30	73.90%
17	David Gifford	Senior	M	J P Morgan RC	00:10:32	73.12%
18	Jamie Findlay	Veteran	M	Irvine Running Club	00:10:40	73.29%
19	Gary Shaw	Veteran	M	Kirkintilloch Olympians	00:10:42	74.17%
20	William Martin	Veteran	M		00:10:43	76.39%
21	Iain MacIsaac	Veteran	M		00:10:47	72.50%
22	Mark Preston	Senior	M	North Ayrshire AC	00:10:48	69.37%
23	Craig Holmes	Veteran	M		00:10:49	71.73%
24	Grant Matheson	Super Veteran	M	Falkirk Victoria	00:10:52	80.39%
25	Fraser McPhail	Veteran	M	Troon Tortoises	00:10:53	74.64%
26	Mark King	Veteran	M	Glasgow South Road Runners	00:10:54	75.70%
27	Owen McWilliams	Senior	M		00:10:56	67.80%
28	Evan Crane	Senior	M		00:11:01	68.89%
29	Paul Crompton	Super Veteran	M	Kent AC	00:11:09	75.19%
30	Scott Coulter	Senior	M	Maryhill Harriers	00:11:13	65.38%
31	David Eames	Senior	M	Bellahouston Harriers	00:11:16	65.85%
32	Paul Housley	Senior	M		00:11:19	67.56%
33	Alastair MacLachlan	Super Veteran	M	Bellahouston Roadrunners	00:11:22	78.83%
34	Jonny Moran	Veteran	M	Bellahouston Roadrunners	00:11:30	67.47%
35	Nick Ruane	Veteran	M	Jog Scotland	00:11:33	68.71%
36	Andrew Cameron	Super Veteran	M		00:11:35	72.38%
37	Anthony Quinn	Super Veteran	M	Cartha Harriers	00:11:37	79.19%
38	Iain McFarlane	Senior	M		00:11:38	65.72%
39	Ross West	Senior	M		00:11:39	62.95%
40	Arthur Duggan	Veteran	M	Motherwell AC	00:11:40	69.08%
41	John Brown	Veteran	M		00:11:43	70.99%
42	Kevin O'Donnell	Senior	M		00:11:43	65.74%
43	Martin Strachan	Senior	M	West End Road Runners	00:11:45	65.07%
44	Stuart Lorraine	Super Veteran	M		00:11:45	71.94%
45	Rob Gallacher	Senior	M		00:11:52	63.14%
46	Garry Henderson	Super Veteran	M		00:11:55	72.70%
47	Ross Anderson	Senior	M		00:11:56	61.51%
48	John Cunningham	Veteran	M	Bellahouston Harriers	00:11:58	69.50%
49	Jason Rae	Senior	M		00:11:59	61.20%
50	Michael Kirwan	Super Veteran	M	Glasgow South Road Runners	00:12:02	72.59%
51	Laura Ritchie	Senior	F	Bellahouston Harriers	00:12:02	70.77%
52	David Murphy	Veteran	M	Shettleston Harriers	00:12:05	67.75%
53	Craig Pollock	Veteran	M		00:12:06	66.61%
54	Steven Robertson	Veteran	M		00:12:09	64.83%
55	Sandy Eaglesham	Super Veteran	M	Cambuslang Harriers	00:12:14	77.24%
56	Robert Cleary	Senior	M		00:12:15	60.56%
57	Gerard Barrett	Senior	M		00:12:19	60.01%

58	Laura Gray	Senior	F	Garscube Harriers	00:12:20	69.88%
59	Linda Woodcraft	Veteran	F		00:12:27	70.27%
60	Finlay Macrae	Veteran	M		00:12:27	62.80%
61	David Hoolaghan	Senior	M	Motherwell AC	00:12:31	61.08%
62	Gordon Gallacher	Veteran	M	Bellahouston Harriers	00:12:34	65.14%
63	Elaine Hurley	Senior	F		00:12:35	68.49%
64	Alasdair Beaton	Senior	M		00:12:36	59.15%
65	Alison Locke	Senior	F	Garscube Harriers	00:12:45	67.16%
66	Casey Thompson	Senior	F	Garscube Harriers	00:12:48	65.72%
67	Maria Doherty	Super Veteran	F	Glasgow South Road Runners	00:12:48	77.55%
68	Mark Beech	Senior	M	Road Runners Club	00:12:52	57.44%
69	Angela Campbell	Senior	F	Bellahouston Harriers	00:12:53	67.37%
70	Ada Stewart	Super Veteran	F	Kirkintilloch Olympians	00:12:59	79.54%
71	Philip O'Neil	Veteran	M		00:13:06	62.01%
72	Cameron Ferguson	Super Veteran	M		00:13:13	67.22%
73	Neil Thomson	Senior	M		00:13:15	56.25%
74	Susan Hillis	Veteran	F		00:13:16	68.62%
75	Richard McCall	Veteran	M		00:13:19	61.96%
76	Scott Gallacher	Senior	m		00:13:20	57.34%
77	Gareth Shields	Veteran	m		00:13:21	58.12%
78	Nicola Stevenson	Senior	F	Greenock Glenpark Harriers	00:13:26	62.21%
79	Daniel McCusker	Senior	M		00:13:33	54.12%
80	Martin O'Donnell	Super Veteran	M	Giffnock North	00:13:35	61.72%
81	Pat McCarn	Super Veteran	M		00:13:37	67.56%
82	Kenny Weir	Super Veteran	M		00:13:47	69.18%
83	Lesley Storer	Senior	F		00:13:56	61.12%
84	Shirley MacNab	Super Veteran	F	Kirkintilloch Olympians	00:13:57	73.05%
85	William Mitchell	Super Veteran	M	Cambuslang Harriers	00:14:04	70.43%
86	Ian MacKay	Super Veteran	M		00:14:26	59.04%
87	Iain Nicholl	Veteran	M	Cambuslang Harriers	00:14:26	54.57%
88	Eddie McLaughlin	Super Veteran	M		00:14:31	61.20%
89	Brian Mullholland	Veteran	M		00:14:31	56.39%
90	Liz McGarry	Super Veteran	F	Irvine Running Club	00:15:02	79.36%
91	Laura Gardiner	Senior	F		00:15:03	56.31%
92	Tom Keenan	Super Veteran	M	Bellahouston Harriers	00:15:04	62.15%
93	Ian McCarn	Super Veteran	M		00:15:06	61.46%
94	Gillian Starr	Veteran	F		00:15:18	57.68%
95	Russell Morrison	Super Veteran	M		00:15:42	56.11%
96	Frazer Howie	Senior	M		00:15:44	47.15%
97	Liz Deans	Super Veteran	F	grl	00:15:49	67.09%
98	Brian Graham	Super Veteran	M	Kilbarchan	00:15:52	56.47%
99	Carol Keenan	Super Veteran	F	Bellahouston Harriers	00:15:58	71.40%
100	Michael Golik	Senior	M		00:16:14	46.43%
101	Marianne Stirling	Senior	F		00:16:17	51.83%
102	Deirdrie Hoyle	Super Veteran	F	Bellahouston Harriers	00:16:49	73.22%
103	Marta Oleszczuk	Senior	F		00:17:02	50.00%
104	John Softley	Super Veteran	M	Bellahouston Harriers	00:17:19	56.62%
105	Sarah Berry	Veteran	F	West End Road Runners	00:17:20	53.80%
106	Dave Slater	Veteran	M	Jog Scotland	00:18:30	42.58%
107	Elaine Burns	Senior	F		00:19:22	43.15%
108	Kirsti Sutherland	Senior	F		00:19:41	42.48%
109	Lisa Reid	Senior	F		00:20:15	42.56%
110	Elaine Macfarlane		F		00:20:17	
111	Hayley MacDonald	Veteran	F		00:20:17	44.88%

NOTE - March 3k on the Green will be on Friday 23rd March

Age Grade % added for the first time - any errors please contact us at info@3konthegreen.com