

3k on the Green		Aug-18			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Grant Baillie	M35	M	East Kilbride AC	00:09:13	83.57%
2	Richard Carr	Senior	M	Cambuslang Harriers	00:09:16	80.06%
3	Darren McQuade	Senior	M	Bellahouston Harriers	00:09:26	77.93%
4	Jason Bell	Senior	M	Helensburgh AC	00:09:31	77.09%
5	Malcolm King	Senior	M	Hamilton Hawks (NZ)	00:09:44	75.34%
6	Calum Oates	Senior	M		00:09:50	74.64%
7	Scott Partyka	Senior	M		00:09:55	74.13%
8	Kieran Pugh	Senior	M	Kirkintilloch Olympians	00:09:56	73.86%
9	Paul Burns	M35	M		00:09:57	75.30%
10	Bryan Mulgrew	Senior	M	Bellahouston Roadrunners	00:09:58	73.76%
11	Mark Nightingale	M40	M		00:10:00	78.77%
12	Steven Prentice	M40	M	Bellahouston Harriers	00:10:02	79.71%
13	Graeme Laing	M35	M		00:10:03	76.64%
14	Ross McEachern	M50	M	Cumbernauld AAC	00:10:05	84.51%
15	Fraser Armstrong	Senior	M	Bellahouston Harriers	00:10:12	72.17%
16	Finlay Finlay	M35	M	Garscube Harriers	00:10:13	75.39%
17	Dennis Williams	M55	M	Shettleston Harriers	00:10:20	84.54%
18	Stephen Porteous	M35	M	Garscube Harriers	00:10:21	72.83%
19	Mark King	M45	M	Glasgow South Road Runners	00:10:21	80.36%
20	Iain Nicholl	M40	M	Cambuslang Harriers	00:10:23	75.86%
21	David Blane	M50	M	Irvine Running Club	00:10:24	82.61%
22	Ronan Beale	Senior	M	Bellahouston Roadrunners	00:10:24	71.66%
23	Andrew McCafferty	Senior	M		00:10:26	71.43%
24	Ted Gourley	M55	M	Giffnock North	00:10:28	83.46%
25	David Mackintosh	Senior	M	Bellahouston Harriers	00:10:34	69.57%
26	Paul Kirkland	Senior	M	Achilles Heel	00:10:37	69.41%
27	Iain MacIsaac	M40	M		00:10:39	73.96%
28	John MacKenzie	M50	M		00:10:40	79.89%
29	David McMillan	Senior	M		00:10:41	68.70%
30	Owen McWilliams	Senior	M		00:10:41	68.90%
31	Benjamin Hands	M55	M	Motherwell AC	00:10:42	83.74%
32	Stuart McCandless	M45	M	Run GMC	00:10:43	76.99%
33	Gerard Scullion	M50	M	Bellahouston Roadrunners	00:10:44	80.04%
34	David Simpson	M40	M		00:10:48	72.39%
35	Graeme Ritchie	M35	M		00:10:48	70.28%
36	Jamie Robinson	Senior	M		00:10:50	68.79%
37	John Stevenson	M45	M	Greenock Glenpark Harriers	00:10:54	75.70%
38	Neil Nairn	M45	M	Bellahouston Harriers	00:10:55	74.99%
39	Catriona MacDonald	Senior	F	Bellahouston Roadrunners	00:10:57	76.32%
40	Lee Shaw	Senior	M	Irvine Running Club	00:10:58	67.12%
41	David Eames	Senior	M	Bellahouston Harriers	00:11:01	67.65%
42	Paul Kernohan	M40	M	Cambuslang Harriers	00:11:01	70.97%
43	Stuart McAleer	M35	M		00:11:02	68.79%
44	Ruth Crewe	Senior	F	Glasgow Fronrunners	00:11:02	75.89%
45	Raymond Farrell	M45	M		00:11:03	74.67%
46	Gary Mitchell	M50	M	Kirkintilloch Olympians	00:11:03	75.87%
47	Henry Merriweather	M45	M	Bellahouston Roadrunners	00:11:04	73.97%
48	Philip Knight	M50	M		00:11:05	75.64%
49	Gordon Stewart	M35	M		00:11:06	68.38%
50	Stephen Hanley	Senior	M	Greenock Glenpark Harriers	00:11:13	65.54%
51	Iain McFarlane	M35	M		00:11:16	68.36%

52	Alan Owen	M50	M	Whitemoss AAC	00:11:19	74.08%
53	Stuart Lorraine	M50	M		00:11:24	74.75%
54	Steven Johnstone	M35	M		00:11:26	65.93%
55	Dimitrios Sotiriou	M35	M		00:11:33	66.19%
56	Rob Gallacher	M35	M		00:11:35	65.07%
57	Alastair MacLachlan	M55	M	Bellahouston Roadrunners	00:11:35	78.03%
58	Stuart Donald	M35	M	Garscube Harriers	00:11:37	64.49%
59	Richard Britton	M40	M	Stirling Triathlon	00:11:37	67.81%
60	James Chalmers	Senior	M	Rons Runners	00:11:39	62.95%
61	Eddie Carr	M55	M	Cambuslang Harriers	00:11:41	76.70%
62	Alastair Drummond	M40	M	Newton Road Runners	00:11:43	66.73%
63	Gillian Blee	W35	F		00:11:43	73.09%
64	Colin Anderson	M40	M		00:11:48	66.75%
65	Michael O'Hagan	M45	M	Cambuslang Harriers	00:11:48	70.49%
66	John Pugh	M50	M	Kirkintilloch Olympians	00:11:49	70.95%
67	Mary Senior	W45	F	Garscube Harriers	00:11:55	77.31%
68	Carlos Gonzalez	M35	M		00:11:57	63.51%
69	Rachel Hunt	W35	F		00:11:59	71.07%
70	Steven Grant	M45	M		00:12:02	66.98%
71	Alex Laurenson	M40	M		00:12:04	65.77%
72	John Brown	M45	M		00:12:06	68.74%
73	Scott Angus	M40	M		00:12:06	64.13%
74	Tim Arbuckle	M45	M		00:12:07	66.52%
75	David Graham	M35	M	G72 Tri	00:12:09	62.47%
76	Alex Laurenson	M40	M		00:12:04	65.77%
77	Stephen Dunn	M35	M	Glasgow Dental Hospital & Sch	00:12:14	62.50%
78	Peter Freer	M40	M		00:12:15	63.34%
79	Stephen O'Neil	M50	M	Glasgow South Road Runners	00:12:16	69.47%
80	Erica Christie	W60	F		00:12:17	92.80%
81	Alasdair Beaton	M35	M		00:12:24	60.42%
82	Rob Cussons	M35	M		00:12:28	61.33%
83	Rebecca Simister	Senior	F	Bellahouston Harriers	00:12:29	67.07%
84	Cordelia O'Neill	W35	F	West End Road Runners	00:12:31	67.71%
85	Maria Doherty	W50	F	Glasgow South Road Runners	00:12:35	78.88%
86	Linda Woodcraft	W40	F		00:12:40	69.06%
87	Jack Bryant	M40	M		00:12:41	63.06%
88	Jeremy Sutton-Hibbert	M45	M	Bellahouston Harriers	00:12:42	64.97%
89	Philip O'Neil	M45	M		00:12:44	63.79%
90	Derek Clifford	M35	M		00:13:00	58.38%
91	Lauren Cairley	Senior	F	Springburn Harriers	00:13:03	64.04%
92	Nicola Stevenson	Senior	F	Greenock Glenpark Harriers	00:13:07	63.71%
93	Rosina Graham	Senior	F		00:13:14	63.83%
94	Iain Crawford	M50	M		00:13:16	63.19%
95	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:18	78.70%
96	Ian Campbell	M65	M	Erskine Jogging Buddies	00:13:21	72.76%
97	Peter Rudzinski	M65	M	Clydesdale Harriers	00:13:22	72.67%
98	Hugh Boyle	M40	M		00:13:23	58.86%
99	Peter McMaster	M35	M		00:13:25	56.98%
100	Stephen Norrie	M35	M		00:13:33	56.42%
101	Kenny Weir	M65	M		00:13:34	70.94%
102	Janet Balneaves	W40	F	Hamilton Harriers	00:13:34	65.05%
103	Anne Scott	W45	F		00:13:41	67.33%
104	David Fernie	M45	M		00:13:50	58.72%

105	Gillian Gallagher	W35	F		00:13:58	61.31%
106	Gillian McGale	W40	F	Scottish Veteran Harriers	00:14:03	64.07%
107	Shirley MacNab	W50	F	Kirkintilloch Olympians	00:14:04	73.42%
108	Greg Sutherland	M45	M		00:14:06	57.61%
109	Graeme Aitken	M45	M		00:14:09	58.78%
110	Alistair Morrison	M55	M		00:14:10	61.66%
111	John MacNamara	M40	M	Cambuslang Harriers	00:14:11	55.54%
112	Mark Hull	M50	M	Hamilton Harriers	00:14:18	58.63%
113	Gordon McInally	M50	M	Calderglen harriers	00:14:24	59.17%
114	Rachel Goslan	W40	F		00:14:24	61.87%
115	Margaret Hutchinson	W50	F		00:14:26	67.90%
116	Lukas Zapotoczny	Senior	M	Achillees Heel	00:14:33	50.40%
117	Donna Black	W35	F		00:14:43	58.19%
118	Linda Cunningham	W50	F		00:14:45	66.44%
119	William Mitchell	M70	M	Cambuslang Harriers	00:14:46	67.85%
120	Eileen Stevenson	W45	F	Greenock Glenpark Harriers	00:14:50	64.42%
121	Melanie Carmichael	Senior	F		00:14:59	55.99%
122	Jacqueline Casey	W35	F		00:15:01	56.71%
123	Nicola Dolan	W35	F		00:15:34	54.71%
124	Fiona Greig	Senior	F		00:15:37	53.72%
125	Andrew Gallacher	M45	M		00:15:40	52.66%
126	Irene Zingone	W65	F	Giffnock North	00:15:41	82.47%
127	Alexandra Hayden	Senior	F	Calderglen harriers	00:15:54	52.56%
128	Liz Deans	W55	F	grl	00:16:04	66.05%
129	Elaine Campbell	W60	F	Glasgow South Road Runners	00:16:06	72.96%
130	Dave Slater	M40	M	Christian Runners UK	00:16:44	47.07%
131	Kirsti Sutherland	Senior	F		00:16:48	49.84%
132	John Softley	M65	M	Bellahouston Harriers	00:17:02	58.16%
133	Jillian Oates	Senior	F		00:17:48	47.04%
134	May Blackburn	W55	F		00:18:27	59.16%