	3k on the Green			28/06/2019	Race	Age
	Runner	Category	M/F	Club	Time	Grade %
1	Shaun Butler	M35	М	Cambuslang Harriers	00:09:21	80.13%
2	Paul Kieran	M40	М	PH Racing Club	00:09:29	84.34%
3	Paul Burns	M35	М		00:09:31	79.20%
4	David Houston	Senior	М	Cumbernauld AAC	00:09:41	76.33%
5	Colin Whitby	M35	М	Irvine Running Club	00:09:53	76.79%
6	Grahame Hopper	M35	М	Ayr Seaforth	00:09:54	75.68%
7	Steven Prentice	M40	М	Bellahouston Harriers	00:09:58	80.25%
8	James Gallacher	M55	М	Kirkintilloch Olympians	00:09:58	90.69%
9	Colin Langan	Senior	М	Newport Harriers	00:09:59	73.52%
10	Michael Rimicans	Senior	M	St Andrews University	00:10:02	73.88%
11	Michael Healy	M40	М		00:10:05	77.53%
12	Daniel Lowe	Senior	М	Shettleston Harriers	00:10:08	72.55%
13	Mark King	M50	М	Glasgow South Road Runners	00:10:09	82.60%
14	Paul Clowson	M35	М	_	00:10:12	75.51%
15	Scott Partyka	Senior	М		00:10:13	72.12%
16	Ronan Beale	M35	М	Bellahouston Roadrunners	00:10:14	73.21%
17	Louis Sharp	Junior	М	Victoria Park	00:10:20	79.79%
18	Andrew McCall	Senior	М	Greenock Glenpark Harriers	00:10:21	71.41%
19	lain Mcfarlane	M35	М		00:10:22	74.30%
20	Robert McLennan	M60	М	Garscube Harriers	00:10:25	87.53%
21	Holly Thompson	Senior	F	Kilbarchan	00:10:31	79.50%
22	Stephen Craig	Senior	М	Garscube Harriers	00:10:39	69.40%
23	Lee Shaw	Senior	М	Irvine Running Club	00:10:42	68.80%
24	Brian Hughes	M60	М	Cambuslang Harriers	00:10:43	87.37%
25	Paul Kirkland	Senior	М	Achilles Heel	00:10:45	68.75%
26	Robert Churchill	M35	М	West End Road Runners	00:10:48	71.32%
27	Dave Thom	M55	М	Cambuslang Harriers	00:10:51	83.31%
28	Alastair Drummond	M40	М	Newton Road Runners	00:10:52	72.49%
29	Gerard Scullion	M50	М	Bellahouston Roadrunners	00:10:54	79.48%
30	Steven Johnstone	M35	М		00:10:57	69.31%
31	Andrew Dodson	M35	М		00:11:00	69.50%
32	Matt MacDonald	M35	М		00:11:01	69.91%
33	William Martin	M45	М		00:11:10	73.89%
34	William Reid	M55	М		00:11:13	80.59%
35	Neil Smith	M40	М		00:11:17	69.29%
36	Colin McCreath	M45	М	Perth Road Runners	00:11:18	71.32%
37	Gordon Stewart	M45	М		00:11:19	71.22%
38	David Carr	M35	М	Garscube Harriers	00:11:19	67.07%
39	Rosina Graham	Senior	F	Edinburgh Uni Hare & Hounds		74.03%
40	Gillian Blee	W35	F	Garscube Harriers	00:11:26	75.38%
41	Paul Black	M40	М		00:11:27	67.77%
42	Justinas Reigis	Senior	F		00:11:29	72.78%
43	David Eames	M35	М	Bellahouston Harriers	00:11:29	65.24%
44	Alan Strang	M40	М	Motherwell AC	00:11:30	69.55%
45	Yuri Goruppa	#N/A	М	Glasgow Uni Hare & Hounds	00:11:32	0.00%
46	Alastair MacLachlan	M60	М	Bellahouston Roadrunners	00:11:37	78.49%
47	Nicol Miller	Senior	М		00:11:38	63.04%
48	lain Muirhead	M45	М		00:11:39	71.39%
49	James McGreevy	M35	М	Bellahouston Roadrunners	00:11:40	65.06%
50	Stuart Lorraine	M50	М		00:11:40	73.04%
51	Barry Edwards	M35	М		00:11:45	64.59%
52	John Henderson	M50	М	GSSRR	00:11:47	72.91%
53	Mary Senior	W45	F	Garscube Harriers	00:11:48	79.02%

54	John Hughes	M60	М	Motherwell AC	00:11:49	78.54%
55	Craig Brown	M45	M	Garscube Harriers	00:11:53	68.89%
56	Mirek Rousal	Senior	M	Garacabe Harriers	00:11:56	62.17%
57	Ross Gilmour	M35	M		00:11:57	63.08%
58	Laura Gray	W35	F	Garscube Harriers	00:11:59	72.43%
59	Lesley McArdle	Senior	F	Garscube Harriers	00:11:39	70.23%
60	Graham Kerr	Senior	М		00:12:01	61.65%
61	Scott Angus	M40	M		00:12:02	
62	-	M40	M		00:12:03	64.88% 64.52%
63	Stephen Wright Stuart Peacock	M35	M		00:12:07	62.84%
64		M35	M			
65	Carlos Gonzalez Kevin Gilfillan	M40	M	Carcauba Harriara	00:12:14	62.50%
66			M	Garscube Harriers	00:12:17	63.17%
67	Jason Rae	Senior M50	M	Classon Courth Dood Divisions	00:12:18 00:12:22	59.63%
	Stephen O'Neil			Glasgow South Road Runners Bellahouston Harriers		69.47%
68	Gordon Gallacher	M45	M		00:12:25	66.98%
69	John Cunningham	M50	M	Bellahouston Harriers	00:12:26	67.43%
70	Rob Cussons	M35	M		00:12:29	61.70%
71	Gareth Rees	M45	M	Lakkov Social Club	00:12:30	64.98%
72	Arturs Adamovics	Senior	M	Lekker Social Club	00:12:30	59.35%
73	Conor Doherty	Senior	M	Bellahouston Harriers	00:12:35	58.28%
74	Robin McAuslan	M55	M	Greenock Glenpark Harriers	00:12:37	70.42%
75	lain Crawford	M50	М	Cambuslang Harriers	00:12:40	66.73%
76	Colleen Tait	Senior	F	Kilmarnock Harriers	00:12:42	65.80%
77	Blair Moffat	M35	M		00:12:45	59.53%
78	Martin Grogan	Senior	M		00:12:52	57.14%
79	Gerrard Barrett	Senior	М		00:12:57	57.29%
80	Elizabeth O'Keefe	W35	F	W. I	00:12:59	66.85%
81	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:09	79.60%
82	Liam Hastie	M35	М		00:13:14	56.96%
83	Paula McCabe	Senior	F F	Cambuslang Harriers	00:13:15	63.70%
84	Angela Campbell	W40		Bellahouston Harriers	00:13:18	65.77%
85	Neil Wilson	Senior	M		00:13:25	55.55%
86	Hugh Boyle	M40	M	Mark Ford David David David	00:13:25	58.71%
87	Chris Gregory	M40	М	West End Road Runners	00:13:29	59.32%
88	Fiona Thomson	Senior	F	Castick Fine Quarante	00:13:41	61.68%
89	Robert Dockrell	M60	M	Scottish Fire & rescue	00:14:51	61.95%
90	Martin McBreen	M35	M	<del> </del>	00:14:55	50.88%
91	David White	M55	M	Complexed on a 11- mile	00:14:56	60.00%
92	William Mitchell	M70	M	Cambuslang Harriers	00:14:58	66.95%
93	Robbie Wishart	M60	M	West End Road Runners	00:15:17	61.26%
94	Bob Porteous	M70	M	<del> </del>	00:15:41	63.89%
95	Colin McKellar	M40	М	-	00:15:58	48.60%
96	Jennifer Stamp	W35	F	<del> </del>	00:15:59	53.58%
97	Pauline McCluskey	W40	F	Christian Duna 111/	00:16:17	55.91%
98	Dave Slater	M40	М	Christian Runners UK	00:17:13	46.10%
99	May Blackburn	W55	F	<u> </u>	00:17:42	62.54%
100	Shona Griffin	W45	F	<u> </u>	00:17:42	53.99%
101	Yvonne Forsyth	W40	F	Dellah awatan II	00:17:42	51.43%
102	John Softley	M70	М	Bellahouston Harriers	00:17:44	56.50%
103	Donna Black	W35	F	<del> </del>	00:18:18	47.09%
104	Kirsti Sutherland	Senior	F		00:18:19	45.71%
105	Molly Ritchie	Junior	F		00:21:01	54.85%
106	Graeme Ritchie	M35	M		00:21:02	36.08%