

3k on the Green		26/07/2019			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Miguel Delgado Sillero	Senior	M		00:09:17	79.38%
2	Kieran Cooper	Senior	M		00:09:24	79.69%
3	Paul Sorrie	M40	M	Shettleston Harriers	00:09:35	80.97%
4	Simon Fraser	#N/A	M		00:09:38	
5	Michael Healy	M40	M		00:09:42	80.60%
6	Grahame Hopper	M35	M	Ayr Seaforth	00:09:43	77.11%
7	Graham McCabe	M45	M	Kirkintilloch Olympians	00:09:51	83.76%
8	Steven Prentice	M40	M	Bellahouston Harriers	00:09:55	80.65%
9	Philip McCaig	M40	M	Kirkintilloch Olympians	00:09:59	78.90%
10	Graeme Laing	M40	M		00:10:00	77.59%
11	Bryn Jones	M40	M	Fulham RC	00:10:03	79.58%
12	Richard Cooper	M45	M		00:10:09	81.29%
13	Martyn Glancy	M35	M	Cumbernauld AAC	00:10:11	74.02%
14	Niall Walker	Senior	M	East Kilbride AC	00:10:14	71.73%
15	Ronan Beale	M35	M	Bellahouston Roadrunners	00:10:16	72.98%
16	Andrew McCall	Senior	M	Greenock Glenpark Harriers	00:10:25	70.95%
17	Paul Kirkland	Senior	M	Achilles Heel	00:10:27	70.73%
18	Mark Preston	M35	M	North Ayrshire AC	00:10:30	71.79%
19	Robert McLennan	M60	M	Garscube Harriers	00:10:35	86.15%
20	Lee Shaw	Senior	M	Irvine Running Club	00:10:39	69.12%
21	James Battye	Senior	M	Bellahouston Roadrunners	00:10:49	68.33%
22	Kenny Morrice	M35	M		00:10:51	70.99%
23	Hannah Anderson	Junior	F	East Kilbride AC	00:10:54	79.29%
24	Gavin Harvie	M45	M	Kirkintilloch Olympians	00:10:57	75.96%
25	Catriona MacDonald	Senior	F	Bellahouston Roadrunners	00:10:59	76.09%
26	Brian Pollock	Senior	M		00:11:09	65.93%
27	Cameron Oliphant	M45	M		00:11:10	72.17%
28	William Reid	M55	M		00:11:11	80.83%
29	Chris Bell	M40	M	Kilbarchan	00:11:18	70.23%
30	M Gallacher	M40	M	Cambuslang Harriers	00:11:20	69.50%
31	Stuart Lorraine	M50	M		00:11:21	75.69%
32	Lucinda Beresford	Senior	F	Westerlands	00:11:24	73.31%
33	David Eames	M35	M	Bellahouston Harriers	00:11:25	65.62%
34	Tony McGale	M45	M	Scottish Veteran Harriers	00:11:27	72.64%
35	Arthur Duggan	M45	M	Motherwell AC	00:11:29	70.74%
36	Mark Ashby	M55	M	Victoria Park	00:11:31	78.49%
37	Stuart McAleer	M35	M		00:11:34	66.10%
38	Owen McWilliams	Senior	M		00:11:35	63.33%
39	Craig Brown	M45	M	Garscube Harriers	00:11:37	70.47%
40	Eamonn Lawlor	Senior	M	West End Road Runners	00:11:38	63.04%
41	Colin Watson	M55	M	Clydesdale Harriers	00:11:39	77.59%
42	Gillian Blee	W35	F	Garscube Harriers	00:11:40	73.87%
43	Tim Waclawski	Senior	M		00:11:42	62.68%
44	Alastair MacLachlan	M60	M	Bellahouston Roadrunners	00:11:44	77.71%
45	Scott Coulter	Senior	M	Maryhill Harriers	00:11:46	62.33%
46	Barry Edwards	M35	M		00:11:49	64.23%
47	Graham Kerr	Senior	M		00:11:51	62.60%
48	Stuart Donald	M35	M	Garscube Harriers	00:11:53	63.43%
49	Simon Gold	M40	M	Cambuslang Harriers	00:11:56	65.51%
50	Ross Muir	M35	M		00:12:02	63.07%

51	Scott MacKintosh	M40	M	Bellahouston Roadrunners	00:12:04	64.30%
52	Carlos Gonzalez	M35	M		00:12:07	63.10%
53	David Murray	M45	M		00:12:09	68.45%
54	Kevin Gilfillan	M40	M	Garscube Harriers	00:12:11	63.69%
55	Roisin Cameron Coyle	Junior	F		00:12:13	71.63%
56	Mirek Rousal	Senior	M		00:12:15	60.56%
57	Peter Freer	M40	M		00:12:16	63.73%
58	Kevin Durnian	M35	M	Motherwell AC	00:12:19	62.54%
59	Alastair Cunningham	M50	M		00:12:19	69.75%
60	David Robb	M45	M		00:12:23	66.11%
61	Colin Anderson	M40	M		00:12:26	63.83%
62	Henry Wilson	Senior	M		00:12:29	58.80%
63	Stuart Peacock	M35	M		00:12:33	60.92%
64	Alan Sim	M55	M		00:12:33	70.79%
65	Ken Eccleson	M50	M		00:12:34	67.81%
66	Ian Beattie	M50	M	Harmeny AC	00:12:38	68.00%
67	Craig Pollock	M45	M		00:12:39	64.21%
68	Graham Thomson	Senior	M		00:12:40	58.84%
69	Angela Campbell	W40	F	Bellahouston Harriers	00:12:41	68.97%
70	James Rowe	M40	M		00:12:45	61.32%
71	Maria Doherty	W50	F	Glasgow South Road Runners	00:12:46	78.77%
72	Brian Hughes	M60	M	Cambuslang Harriers	00:12:47	73.25%
73	Mark King	M50	M	Cambuslang Harriers	00:12:48	65.50%
74	David Forsyth	M35	M		00:12:52	58.99%
75	Liam Hastie	M35	M		00:12:54	58.43%
76	Linda Woodcraft	W40	F		00:12:55	68.32%
77	Iain Crawford	M50	M	Cambuslang Harriers	00:12:56	65.35%
78	Eddie Carr	M55	M	Cambuslang Harriers	00:12:59	69.62%
79	James Miuirhead	#N/A	M		00:13:10	298.16%
80	Anne Scott	W45	F		00:13:11	69.88%
81	Michael Meehan	M50	M	Bellahouston Harriers	00:13:12	65.63%
82	Peter Taylor	M65	M	Irvine Running Club	00:13:13	74.96%
83	Gordon White	M35	M		00:13:19	57.84%
84	Peter McMaster	M35	M		00:13:20	57.77%
85	Anna Whall	Senior	F		00:13:24	62.37%
86	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:29	78.71%
87	Scott Gallacher	M40	M		00:13:34	57.19%
88	Pablo Bello	Senior	M		00:13:43	53.51%
89	Peter Ogden	M65	M	Cambuslang Harriers	00:13:49	70.97%
90	Andrew Bishop	Senior	M	Pudsey Pacers RC	00:13:50	53.27%
91	Aga Bachleda	Senior	F		00:14:09	59.17%
92	Caitlin Cameron Coyle	Junior	F	Victoria Park	00:14:26	59.88%
93	Marianne Stirling	W35	F	Cumbernauld AAC	00:14:35	58.11%
94	Linda Cunningham	W50	F		00:14:36	67.99%
95	Madison McCaig	Junior	M	Kirkintilloch Olympians	00:14:40	61.19%
96	David White	M55	M		00:14:45	60.75%
97	David Fernie	M45	M		00:14:48	55.31%
98	Bob Porteous	M70	M		00:14:52	67.40%
99	Tom Keenan	M60	M	Bellahouston Harriers	00:15:18	61.76%
100	William Mitchell	M70	M	Cambuslang Harriers	00:15:27	64.85%
101	Russell Morrison	M55	M		00:15:46	56.35%
102	Elaine Campbell	W60	F	Glasgow South Road Runners	00:15:50	75.35%
103	Carol Keenan	W60	F	Bellahouston Harriers	00:16:07	71.80%

104	Fred McCain	M70	M	Haddington Running Club	00:16:40	60.12%
105	Lynn Halliday	W35	F		00:16:42	50.75%
106	James Gallacher	M55	M	Kirkintilloch Olympians	00:16:45	53.96%
107	Callum Gillespie	Senior	M		00:16:55	43.35%
108	Dave Slater	M40	M	Christian Runners UK	00:17:28	45.44%
109	May Blackburn	W55	F		00:18:04	61.27%
110	Kirsti Sutherland	Senior	F		00:18:05	46.39%
111	John Softley	M70	M	Bellahouston Harriers	00:18:07	55.31%
112	John Cassells	M70	M		00:18:18	57.88%
113	Jennifer Gillan	Senior	F		00:18:29	45.39%
114	Michelle Mundie	#N/A	F	Jog Scotland	00:20:14	