

3k on the Green		25/10/2019			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Jonathan Roebuck	Senior	M	MRF	00:09:23	78.77%
2	Jason Bell	Senior	M	Helensburgh AC	00:09:24	78.01%
3	Kieran Cooper	Senior	M		00:09:38	77.76%
4	Iain Carroll	M40	M		00:09:43	80.46%
5	Simon Fraser	#N/A	M		00:09:48	
6	Peter Mackie	M40	M	Shettleston Harriers	00:09:51	79.97%
7	Richard Cooper	M45	M	Cambuslang Harriers	00:09:58	82.78%
8	Luke Beglan-Grant	Senior	M		00:10:08	74.84%
9	Steven Prentice	M45	M	Bellahouston Harriers	00:10:10	79.27%
10	Scott Mason	M35	M	Bellahouston Harriers	00:10:11	75.64%
11	Gregor Gudgeon	M35	M	Dunblane Runners	00:10:12	74.41%
12	Mark King	M50	M	Cambuslang Harriers	00:10:12	82.19%
13	Ronan Beale	M35	M	Bellahouston Roadrunners	00:10:18	72.74%
14	Craig Lamb	Senior	M		00:10:23	70.63%
15	Lesley Bell	W40	F	Garscube Harriers	00:10:30	86.70%
16	Andrew Shields	Senior	M		00:10:32	69.79%
17	Matt MacDonald	M40	M		00:10:34	73.43%
18	Euan Craig	M35	M	Kirkintilloch Olympians	00:10:39	72.32%
19	Bruce Evans	Junior	M	Forres Harriers	00:10:42	75.39%
20	Raymond Farrell	M45	M		00:10:46	77.25%
21	Jonathan Morrison	Senior	M		00:10:48	67.91%
22	Alastair Drummond	M40	M	Newton Road Runners	00:10:50	72.71%
23	Ed White	Senior	M	Glasgow Fronrunners	00:10:51	68.69%
24	Andrew Holloway	Senior	M		00:10:51	68.12%
25	Tom Elliotte	Senior	M	Westerlands	00:10:54	67.34%
26	Iain MacIsaac	M40	M		00:10:57	72.48%
27	Fraser McPhail	M45	M	Troon Tortoises	00:10:59	74.53%
28	William Martin	M45	M	Lonely Goat RC	00:11:06	74.93%
29	Michael Downes	Senior	M		00:11:09	65.77%
30	Alan Strang	M45	M	Motherwell AC	00:11:11	72.07%
31	Ralph Connolly	M50	M	Victoria Park	00:11:12	77.35%
32	Graham Kerr	Senior	M		00:11:13	66.44%
33	David Eames	M35	M	Bellahouston Harriers	00:11:14	66.70%
34	Kenny Hogg	M45	M		00:11:16	71.53%
35	Stuart Peacock	M35	M		00:11:20	67.46%
36	Barry Weatherston	M35	M		00:11:21	66.01%
37	Barry Edwards	M35	M		00:11:22	66.77%
38	Jamie Slater	Senior	M	Glasgow Fronrunners	00:11:25	64.23%
39	Mark Fagan	M40	M		00:11:26	67.87%
40	Mark Daly	M40	M		00:11:28	69.75%
41	Michael Kettlewood	M40	M		00:11:32	68.30%
42	Eddie Neilson	M45	M		00:11:34	70.23%
43	Stuart Lorraine	M50	M		00:11:35	74.17%
44	Mark Ashby	M55	M	Victoria Park	00:11:36	77.92%
45	Ross Gilmour	M35	M		00:11:38	64.79%
46	Iain Aird	M40	M		00:11:40	67.01%
47	Mary Senior	W45	F	Garscube Harriers	00:11:40	79.93%
48	Neil Scott	M40	M		00:11:44	66.13%
49	Carlos Gonzalez	M35	M		00:11:44	65.16%
50	David Norwich	Senior	M		00:11:47	62.72%
51	Kevin Smith	M60	M	Bellahouston Harriers	00:11:50	77.05%

52	Arthur Duggan	M45	M	Motherwell AC	00:11:55	68.16%
53	Alastair MacLachlan	M60	M	Bellahouston Roadrunners	00:11:58	76.19%
54	Blair Moffat	M35	M		00:11:59	63.34%
55	Paul McKendry	M55	M	Clydesdale Harriers	00:12:01	75.22%
56	Maria Doherty	W50	F	Glasgow South Road Runners	00:12:02	83.57%
57	Gillian Blee	W35	F	Garscube Harriers	00:12:02	71.62%
58	Neil Wilson	Senior	M		00:12:02	61.93%
59	Paul Taylor	M45	M		00:12:05	67.75%
60	Stephen Wright	M40	M		00:12:06	64.61%
61	Siobhan Evans	W45	F	Forres Harriers	00:12:07	77.90%
62	Chris Knudsen	Senior	M		00:12:08	60.44%
63	Ben Mckay	Senior	M		00:12:10	61.57%
64	Frans Roelofse	M60	M	Bellahouston Roadrunners	00:12:12	74.73%
65	John Cunningham	M50	M	Bellahouston Harriers	00:12:12	68.72%
66	Lawrie Jones	M60	M	Mercia	00:12:13	77.34%
67	Anthony Quinn	M60	M	Cartha Harriers	00:12:14	76.54%
68	Kenny Taylor	M35	M	Bellahouston Harriers	00:12:15	62.88%
69	Sam Price	M40	M		00:12:15	63.34%
70	David Hoolaghan	M40	M	Motherwell AC	00:12:17	63.17%
71	Loic Jacob	Senior	M		00:12:18	59.62%
72	Kevin Gilfillan	M40	M	Garscube Harriers	00:12:23	62.66%
73	Stephen Grant	M45	M		00:12:24	66.54%
74	Robert Rogerson	M55	M	Kirkintilloch Olympians	00:12:25	72.17%
75	Scott Angus	M40	M		00:12:27	63.27%
76	Alastair Cunningham	M50	M		00:12:30	68.73%
77	Stewart McCallum	Senior	M		00:12:33	58.43%
78	Lawrie Mailey	M45	M		00:12:36	63.96%
79	Steven Love	M50	M		00:12:38	66.91%
80	Rob Gallacher	M35	M		00:12:38	60.08%
81	Alasdair Beaton	M35	M		00:12:39	59.59%
82	Angela Campbell	W40	F	Bellahouston Harriers	00:12:41	69.58%
83	Tim Waclawski	Senior	M		00:12:49	57.22%
84	Linda Woodcraft	W40	F		00:12:49	68.85%
85	Stephen Purvis	M45	M	Airdrie	00:12:53	63.05%
86	Anne Scott	W45	F		00:12:54	72.29%
87	Alan Sim	M55	M		00:12:55	69.37%
88	Iain Crawford	M50	M	Cambuslang Harriers	00:12:56	65.35%
89	James Rowe	M40	M		00:13:04	59.83%
90	Rob Cussons	M35	M		00:13:04	58.95%
91	Chris Ireland	Senior	M		00:13:13	55.62%
92	Fiona Thomson	W35	F		00:13:17	63.80%
93	Paul McAllister	M50	M		00:13:18	64.07%
94	Lizzie Hamilton	Senior	F		00:13:20	62.80%
95	Philip O'Neil	M45	M		00:13:21	61.80%
96	Peter McMaster	M35	M		00:13:25	57.41%
97	Ian Goudie	M60	M	Scottish Veteran Harriers	00:13:28	68.91%
98	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:31	78.51%
99	Alan Dempster	M40	M		00:13:35	58.43%
100	Donna Black	W35	F		00:13:37	63.29%
101	Scott Gallacher	M40	M		00:13:38	56.91%
102	Graham Thomson	Senior	M		00:13:43	54.33%
103	Peter Ogden	M65	M	Cambuslang Harriers	00:13:46	71.97%
104	Colin Anderson	M40	M		00:13:55	57.47%

105	Karen McCluskie	W55	F	Polmont Jogging Club	00:14:04	76.50%
106	Patrick Smith	M50	M		00:14:12	59.52%
107	Kyle Prins	Senior	M		00:14:18	52.38%
108	Linda Cunningham	W50	F		00:14:25	68.85%
109	Russell Morrison	M55	M		00:14:27	62.01%
110	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:14:27	72.44%
111	Robert Dockrell	M60	M	Scottish Fire & rescue	00:15:04	61.05%
112	David White	M55	M		00:15:07	59.28%
113	Paula Anderson	Senior	F		00:15:21	54.44%
114	Bob Porteous	M70	M		00:15:23	65.13%
115	Elaine Campbell	W60	F	Glasgow South Road Runners	00:15:27	77.22%
116	Liam Young	Senior	M		00:15:31	47.26%
117	Douglas Laing	M55	M		00:15:40	56.71%
118	Gail Tennant	W45	F	Jog Scotland Airdrie	00:15:56	57.82%
119	Clare Thomas	W45	F		00:16:08	59.98%
120	Fred McCain	M70	M	Haddington Running Club	00:16:34	61.22%
121	Lorraine Souter	W45	F		00:16:53	54.57%
122	Dave Slater	M40	M	Christian Runners UK	00:16:57	46.82%
123	Eileen Heuston	W50	F		00:18:27	53.80%
124	Gillian Starr	W40	F		00:19:03	47.26%
125	Iain Cullen	M55	M	Kelvin Runners	00:19:05	45.77%