

3k on the Green			31/01/2020		Race	Age
Runner	Category	M/F	Club	Time	Grade	%
1	Ryan Thomson	Senior	M	Cambuslang Harriers	00:08:48	83.33%
2	Jason Bell	Senior	M	Helensburgh AC	00:09:09	80.15%
3	Scott McDonald	Senior	M	Central AC	00:09:14	79.49%
4	Jonathan Roebuck	Senior	M	MRF	00:09:33	77.39%
5	Paul Sorrie	M40	M	Shettleston Harriers	00:09:38	81.16%
6	Shaun Butler	M35	M	Cambuslang Harriers	00:09:47	77.05%
7	Chris MacDonald	Senior	M	Motherwell AC	00:09:52	74.91%
8	Steven Prentice	M45	M	Bellahouston Harriers	00:09:59	80.73%
9	Andrew Kirk	Senior	M	Kirkintilloch Olympians	00:10:00	73.34%
10	Jason McMinn	Senior	M	Kirkintilloch Olympians	00:10:03	73.54%
11	Mark Preston	M35	M	North Ayrshire AC	00:10:10	74.65%
12	Mark King	M50	M	Cambuslang Harriers	00:10:20	81.13%
13	Ed White	M35	M	Glasgow Frontrunners	00:10:23	72.16%
14	Scott Partyka	Senior	M		00:10:27	70.51%
15	Raymond Black	Senior	M		00:10:29	70.13%
16	James Gallacher	M55	M	Kirkintilloch Olympians	00:10:32	85.81%
17	Iain Mcfarlane	M40	M		00:10:33	73.55%
18	Graeme Little	M40	M	Kirkintilloch Olympians	00:10:34	74.54%
19	Stuart McMillan	M40	M	Bellahouston Roadrunners	00:10:38	73.52%
20	Dave Thom	M55	M	Cambuslang Harriers	00:10:39	84.87%
21	Kenny Morrice	M35	M		00:10:41	72.10%
22	Lesley Bell	W45	F	Garscube Harriers	00:10:42	86.10%
23	Bernard Brady	M50	M	Ballymena & Antrim	00:10:46	80.46%
24	Ross Anderson	Senior	M	Westerlands	00:10:49	68.12%
25	Andrew Holloway	Senior	M		00:10:49	68.33%
26	Matt MacDonald	M40	M		00:10:50	71.62%
27	Tom Elliotte	Senior	M	Westerlands	00:10:52	67.55%
28	James Chalmers	Senior	M	Rons Runners	00:10:53	67.38%
29	Alan Hume	M40	M	Central AC	00:10:58	72.37%
30	Alastair Drummond	M40	M	Newton Road Runners	00:11:02	71.39%
31	Grant Matheson	M55	M	Falkirk Victoria	00:11:05	80.16%
32	Ian Thurlbeck	M55	M	Westerlands	00:11:09	79.01%
33	James McGreevy	M35	M	Bellahouston Roadrunners	00:11:16	67.37%
34	Stephen Craig	Senior	M	Garscube Harriers	00:11:17	65.50%
35	Graham Kerr	Senior	M		00:11:18	65.95%
36	Alan Strang	M45	M	Motherwell AC	00:11:20	71.11%
37	William Reid	M55	M		00:11:21	79.64%
38	Gillian Blee	W35	F	Garscube Harriers	00:11:25	75.49%
39	Chris Bell	M40	M	Kilbarchan	00:11:26	69.95%
40	Scott McCullagh	Senior	M		00:11:26	64.14%
41	Garth Whitaker	Senior	M		00:11:27	65.09%
42	Paul Wilson	M35	M	Springburn Harriers	00:11:33	65.71%
43	Gavin Harvie	M45	M	Garscube Harriers	00:11:34	71.91%
44	Mark Ashby	M55	M	Victoria Park	00:11:34	78.15%
45	Ruth Crewe	Senior	F	Glasgow Frontrunners	00:11:35	72.42%
46	Cameron Oliphant	M45	M		00:11:35	70.13%
47	Tim Waclawski	Senior	M		00:11:36	63.22%
48	Mark Fagan	M40	M		00:11:40	67.01%
49	Eddie Neilson	M45	M		00:11:41	69.53%
50	Alex Chisolm	M60	M	Garscube Harriers	00:11:43	80.65%
51	Rob Gallacher	M35	M		00:11:44	64.69%
52	Mary Senior	W45	F	Garscube Harriers	00:11:44	80.44%
53	Douglas Cruickshanks	M50	M	Arbroath & District AC	00:11:46	71.25%
54	Craig Brown	M45	M	Garscube Harriers	00:11:48	69.92%

Classification: Private

55	Arthur Duggan	M45	M	Motherwell AC	00:11:48	69.38%
56	Michael Kettlewood	M40	M		00:11:49	67.16%
57	Neil Wilson	M35	M		00:11:53	63.05%
58	Martin McCann	Senior	M		00:11:56	61.45%
59	Simon Gold	M40	M	Cambuslang Harriers	00:11:57	65.91%
60	Leo Shand	M35	M		00:11:59	62.90%
61	Chris Knudsen	Senior	M		00:12:00	61.11%
62	Alastair MacLachlan	M60	M	Bellahouston Roadrunners	00:12:01	75.88%
63	Carlos Gonzalez	M35	M		00:12:02	63.53%
64	Kenny Taylor	M35	M	Bellahouston Harriers	00:12:05	63.74%
65	Neil Scott	M40	M		00:12:11	63.69%
66	Cordelia O'Neill	W35	F	West End Road Runners	00:12:13	70.10%
67	Robert Churchill	M40	M	West End Road Runners	00:12:14	63.43%
68	Devidas Gawade	Senior	M		00:12:16	60.48%
69	Anthony Quinn	M60	M	Cartha Harriers	00:12:16	76.33%
70	Arthur Mulholland	M55	M	East Kilbride AC	00:12:17	71.72%
71	Kenny Angove	M35	M	Bellahouston Roadrunners	00:12:18	62.16%
72	David Wardrope	M45	M	Calderglen harriers	00:12:18	67.08%
73	Martin Murphy	M45	M	Bellahouston Roadrunners	00:12:19	65.44%
74	Paul Reilly	M50	M	Kirkintilloch Olympians	00:12:19	69.18%
75	Nicola Dawson	W40	F	Glasgow Tri Club	00:12:21	70.83%
76	Sid Muragundi	Senior	M		00:12:26	59.94%
77	Andrew Pulford	M40	M		00:12:34	62.21%
78	Mike Schlitz	Senior	M		00:12:36	58.35%
79	David McNulty	#N/A	M		00:12:37	
80	Iain Aird	M40	M		00:12:38	61.88%
81	Linda Woodcraft	W40	F		00:12:39	70.43%
82	Ian McDougall	M45	M		00:12:42	64.46%
83	Michael Bennan	Senior	M		00:12:45	57.66%
84	Alastair Cunningham	M50	M		00:12:46	67.86%
85	Stephen Newton Stott	M35	M		00:12:50	59.14%
86	Robert Cleary	M35	M		00:12:55	58.00%
87	Christopher Sauler	Senior	M		00:12:56	56.70%
88	Alasdair Beaton	M35	M		00:12:57	58.21%
89	Anna Yates	Senior	F		00:12:58	64.87%
90	Nicola Stevenson	Senior	F	Greenock Glenpark Harriers	00:13:01	64.20%
91	Scott Cumming	M45	M	Linlithgow AC	00:13:03	62.24%
92	Philip O'Neil	M45	M		00:13:03	63.22%
93	Gordon Gallacher	M45	M	Bellahouston Harriers	00:13:05	63.57%
94	John Brown	M50	M		00:13:06	64.52%
95	Iain Crawford	M50	M	Cambuslang Harriers	00:13:11	64.11%
96	Kevin Gilfillan	M40	M	Garscube Harriers	00:13:12	58.78%
97	John Martin	M60	M		00:13:13	70.84%
98	Rhoan Jagger	Senior	M		00:13:16	55.28%
99	Ewan Rabey	Senior	M		00:13:18	56.03%
100	Gordon Tyler	M40	M	Dalmarnock Dawdlers	00:13:21	58.12%
101	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:22	79.39%
102	Jane Chalmers	W55	F		00:13:25	81.35%
103	Andrew Stirrat	Senior	M		00:13:28	55.34%
104	Gareth Shields	M40	M		00:13:28	58.49%
105	Jacqueline McLew	W45	F	Cambuslang Harriers	00:13:32	71.50%
106	Chris Ireland	Senior	M		00:13:33	54.26%
107	David Stirling	M45	M	Cambuslang Harriers	00:13:41	60.30%
108	Graham Thomson	M35	M		00:13:47	54.36%
109	Stephanie Reid	Senior	F		00:13:50	60.41%
110	James Weir	M50	M		00:13:52	60.96%

Classification: Private

111	Prashant Sharma	Senior	M		00:13:56	53.24%
112	Ruth Harrison	W40	F		00:13:57	63.87%
113	Alison Paterson	W40	F		00:13:59	63.71%
114	Graham Kelly	M50	M	Westerlands	00:14:00	60.37%
115	Matthew McLean	Senior	M		00:14:01	53.44%
116	Matt Bridgestock	M40	M		00:14:03	56.06%
117	Brian Mallon	M40	M		00:14:07	54.97%
118	Donna Black	W35	F		00:14:09	61.34%
119	Gavin Gilmour	Senior	M		00:14:11	52.54%
120	Fiona Thomson	W35	F		00:14:15	59.47%
121	Paul McAllister	M50	M		00:14:16	59.73%
122	Sharon Molloy	Senior	F		00:14:26	58.28%
123	Linda Cunningham	W50	F		00:14:28	68.62%
124	Fabien Steinacher	Senior	M		00:14:30	50.82%
125	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:14:31	72.10%
126	David Gemmell	M35	M	Glasgow Tri Club	00:14:32	52.22%
127	Yvonne Brennan	W40	F	G72 Tri	00:14:34	60.58%
128	Alison Brown	W55	F	Bellahouston Roadrunners	00:14:36	72.69%
129	Rachel Goslan	W40	F		00:14:37	61.59%
130	Olivia Devine	Senior	F		00:15:04	55.47%
131	Margaret Hutchinson	W50	F		00:15:10	66.31%
132	Lindsay Stirling	W35	F		00:15:15	56.15%
133	Rebecca Lunn	W50	F	Fusion Triathlon	00:15:20	64.74%
134	Russell Morrison	M55	M		00:15:42	57.07%
135	Julie Alleyn	W50	F		00:15:47	62.09%
136	Tom Keenan	M65	M	Bellahouston Harriers	00:15:51	60.16%
137	Mark Beech	Senior	M	Road Runners Club	00:16:01	46.53%
138	Chris Antonion	M35	M		00:16:03	46.96%
139	Shona Griffin	W45	F		00:16:07	60.04%
140	Pablo Bello	Senior	M		00:16:25	44.71%
141	Jennifer Gillan	Senior	F		00:16:27	51.00%
142	Lisa Dixon	W35	F		00:16:29	51.95%
143	Melissa Reid	Senior	F		00:16:32	50.55%
144	Jennifer Gallacher	Senior	F		00:16:40	50.47%
145	Louise Burke	Senior	F		00:16:42	50.04%
146	Julie McSporrان	W40	F		00:16:51	52.87%
147	Gaurav Gosavi	Senior	M		00:16:54	43.73%
148	Dave Slater	M40	M	Christian Runners UK	00:17:04	46.86%
149	Gail Tennant	W45	F	Jog Scotland Airdrie	00:17:06	53.88%
150	Kris Schimmel	M45	M		00:18:43	43.40%