

	3k on the Green Runner	Category	M/F	27/05/2022 Club	Race Time	Age Grade %
1	Fergus Donnelly	M35	M	Shettleston Harriers	00:09:22	79.99%
2	Owen Walpole	Senior	M	Cambuslang Harriers	00:09:26	78.11%
3	Daniel Lowe	Senior	M	Shettleston Harriers	00:09:46	75.96%
4	Lynne McKenna	Senior	F	Glasgow Uni Hare & Hounds	00:09:50	84.99%
5	Colin Reilly	M35	M	Cambuslang Harriers	00:09:53	76.79%
6	Steven Prentice	M45	M	Bellahouston Harriers	00:10:15	79.87%
7	Chris Upson	M55	M	Cambuslang Harriers	00:10:22	86.44%
8	Gavin Meikle	M50	M		00:10:41	78.48%
9	Ryan MacReady	Senior	M		00:10:46	68.12%
10	Fiona Matheson	W60	F	Falkirk Victoria	00:10:58	103.95%
11	Gary McKendrick	M55	M	Inverclyde AC	00:11:02	80.52%
12	Grant Matheson	M55	M	Falkirk Victoria	00:11:02	81.92%
13	Paul Kirkland	Senior	M	Garscube Harriers	00:11:05	67.24%
14	Gillian Blee	W40	F	Garscube Harriers	00:11:06	79.50%
15	Sammy Haining	Senior	M		00:11:15	65.94%
16	John Duffy	M55	M	Shettleston Harriers	00:11:16	79.53%
17	Andrew Heathwood	M50	M		00:11:20	75.19%
18	Donnie Inglis	M55	M	Run GMC	00:11:31	75.85%
19	William Reid	M60	M		00:11:34	80.23%
20	Paul Houston	M50	M	Bellahouston Harriers	00:11:41	73.53%
21	Kevin Brown	M35	M		00:11:44	64.69%
22	Alison Wood	Senior	F	Garscube Harriers	00:11:45	71.59%
23	Laura Gray	W40	F	Garscube Harriers	00:11:46	75.72%
24	David Wardrope	M50	M	Calderglen harriers	00:11:47	71.73%
25	David Eames	M35	M	Bellahouston Harriers	00:11:49	64.70%
26	Donna MacLean	W40	F	Springburn Harriers	00:11:55	74.76%
27	Mark King	M50	M	Cambuslang Harriers	00:11:56	71.99%
28	Colin Anderson	M45	M		00:11:58	67.88%
29	Neil Scott	M40	M		00:12:05	65.19%
30	Alastair Cunningham	M55	M		00:12:07	72.71%
31	Stephen Bell	Senior	M		00:12:09	61.06%
32	Kara Rafferty	W35	F	Garscube Harriers	00:12:10	70.83%
33	Eddie Carr	M60	M	Cambuslang Harriers	00:12:11	76.17%
34	Michael Lancaster	M45	M	Bellahouston Roadrunners	00:12:12	66.58%
35	Andrew McConnell	M40	M		00:12:13	63.51%
36	Iain Crawford	M50	M	Cambuslang Harriers	00:12:20	70.24%
37	Robert White	M50	M	Run GMC	00:12:22	70.05%
38	Scott McLeod	M45	M	Glasgow South Road Runners	00:12:23	66.63%
39	Rachel McPhillips	Junior	F	Whitemoss AAC	00:12:32	69.82%
40	Paula McCabe	W35	F	Cambuslang Harriers	00:12:33	68.23%
41	Eilidh Kennedy	Junior	F	Cambuslang Harriers	00:12:34	68.77%
42	Iain Moore	M35	M		00:12:41	59.84%
43	Rachel Wardrope	Senior	F	Cambuslang Harriers	00:12:43	65.97%
44	Ella Sharp	Junior	F	Springburn Harriers	00:12:58	67.49%
45	Louis Sharp	Junior	M	Victoria Park	00:12:59	59.97%
46	Sandy Eaglesham	M65	M	Cambuslang Harriers	00:13:36	72.10%
47	Erica Christie	W65	F		00:13:41	88.56%
48	Alison MacKenzie	W35	F	Bellahouston Harriers	00:13:56	61.12%
49	John Connor	M60	M		00:13:58	66.45%
50	Paul Fletcher	M55	M	Glasgow South Road Runners	00:14:01	63.93%
51	Peter Ogden	M70	M	Cambuslang Harriers	00:14:03	72.19%
52	Matt Bridgestock	M40	M		00:14:10	56.46%
53	Ada Stewart	W55	F	Kirkintilloch Olympians	00:14:27	75.53%
54	Sharon Molloy	W35	F		00:14:36	58.33%
55	David Cooney	M70	M	Cambuslang Harriers	00:14:41	71.03%
56	Linda Cunningham	W50	F		00:14:53	68.47%
57	Bob Porteous	M70	M		00:14:59	69.61%

58	Kirsty Wadsley	W35	F	West End Road Runners	00:15:17	56.39%
59	Collette Coyle	W45	F	Springburn Harriers	00:15:44	59.99%
60	Kenny Gunn-Russell	M65	M	ESOC	00:15:47	61.54%
61	Tom Keenan	M65	M	Bellahouston Harriers	00:15:55	61.02%
62	Marie Neil	W55	F	Strathaven Striders	00:16:08	65.78%
63	Kirsty Harvey	W35	F		00:16:14	53.47%
64	Carol Keenan	W65	F	Bellahouston Harriers	00:16:41	72.64%
65	Julie Alleyn	W50	F		00:16:54	59.51%
66	Robbie Wishart	M65	M	West End Road Runners	00:16:57	56.78%
67	Rhona Munro	Senior	F		00:18:11	45.96%
68	Andrew Loudon	Senior	M		00:18:23	40.36%
69	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:18:42	58.36%
70	John Softley	M70	M	Bellahouston Harriers	00:18:42	54.97%
71	Ronan MacDonald	Senior	M		00:18:44	39.18%
72	Lauren Cherry	Senior	F		00:18:46	44.53%