	3k on the Green			29/07/2022	Race	Age
	Runner	Category	M/F	Club	Time	Grade %
1	Csoban Balogh	Senior	М	St Andrews University	00:09:24	78.05%
2	Andrew Kirk	Senior	М	Kirkintilloch Olympians	00:09:27	77.98%
3	Iain Burns	M40	М	Shettleston Harriers	00:09:47	80.51%
4	Kenny Robertson	M35	М	Kirkintilloch Olympians	00:09:55	76.54%
5	Brian Mulgrew	Senior	М	Bellahouston Roadrunners	00:10:03	74.15%
6	Steven Prentice	M45	М	North East Marathon Club	00:10:20	79.22%
7	Suleiman Niven	Senior	М		00:10:24	70.78%
8	Michelle Sandison	W40	F	Springburn Harriers	00:10:26	85.39%
9	Dominic McMahon	Senior	М	Kirkintilloch Olympians	00:10:35	69.29%
10	Gavin Meikle	M50	М		00:10:36	79.09%
11	Eddie Neilson	M45	М		00:10:45	77.37%
12	Jake Page	Junior	М	Team East Lothian	00:10:47	76.46%
13	Drew Paterson	M50	М		00:10:47	80.34%
14	Dave Thom	M60	М	Cambuslang Harriers	00:10:54	85.14%
15	Andy Rockett Jackson	Senior	М	Shettleston Harriers	00:10:54	67.45%
16	Chris Ashe	M35	М	Kirkintilloch Olympians	00:10:59	69.10%
17	Graeme Little	M45	М	Kirkintilloch Olympians	00:11:08	72.39%
18	Colin Henderson	M45	М		00:11:12	73.09%
19	Corri McGougan	Junior	F	Falkirk Victoria	00:11:13	80.41%
20	Andrew McCall	M35	М	Greenock Glenpark Harriers	00:11:15	66.60%
21	Alex Osborne	M40	М	Acorn Trails	00:11:16	69.91%
22	Donnie Inglis	M55	М	Run GMC	00:11:18	77.30%
23	Graeme Jack	M55	М	West End Road Runners	00:11:19	78.51%
24	Suzanne Shaw	W45	F	Kirkintilloch Olympians	00:11:24	80.81%
25	Gary Shaw	M45	М	Kirkintilloch Olympians	00:11:24	71.81%
26	Calum Sinclair	M35	М		00:11:26	67.37%
27	Barry Mitchell	M35	М	Bellahouston Harriers	00:11:36	64.98%
28	Alison Wood	Senior	F	Garscube Harriers	00:11:36	72.51%
29	Alastair MacLachlan	M60	М	Bellahouston Roadrunners	00:11:37	80.60%
30	Gavin McLennan	M40	М	Metro Aberdeen	00:11:38	68.75%
31	Kirsty O'Brien	W35	F	Cambuslang Harriers	00:11:40	74.40%
32	William Reid	M60	М		00:11:44	79.09%
33	Kevin Brown	M35	М		00:11:49	64.23%
34	Colin Anderson	M45	М		00:11:50	68.64%
35	Olivia Mahon	Junior	F	Kirkintilloch Olympians	00:11:51	73.85%
36	Elaine Hogg	W50	F	Kirkintilloch Olympians	00:11:52	84.75%
37	Chris McCrum	Senior	М		00:11:58	61.58%
38	Raymond Farrell	M50	М		00:12:00	71.01%
39	Robert Mahon	M50	М	Kirkintilloch Olympians	00:12:02	70.24%
40	Des Dickson	M60	М	Cambuslang Harriers	00:12:06	77.38%
41	Scott McLeod	M45	М	Glasgow South Road Runners	00:12:14	67.45%
42	Alastair Cunningham	M55	М		00:12:21	71.33%
43	Arthur Duggan	M45	М	Motherwell AC	00:12:26	66.89%
44	Colin Rattray	M40	М		00:12:30	63.98%
45	Joanne Thorburn	W40	F	Newton Road Runners	00:12:32	71.83%

46	Alastair Drummond	M45	М	Newton Road Runners	00:12:32	64.30%
47	Kevin McPhillips	M45	М		00:12:34	65.66%
48	Frank Hurley	M65	М	Cambuslang Harriers	00:12:41	78.11%
49	Iain Crawford	M50	М	Cambuslang Harriers	00:12:46	67.86%
50	David Hoolaghan	M40	М	Motherwell AC	00:12:49	61.92%
51	Tianrun Yang	Senior	М	Kirkintilloch Olympians	00:12:52	57.21%
52	Frances Wood	W60	F	Linlithgow AC	00:12:53	91.18%
53	Rachel McPhillips	Junior	F	Whitemoss AAC	00:12:58	67.49%
54	Karen Page	W45	F		00:12:59	72.70%
55	Kyle Simpson	Senior	М		00:13:05	56.06%
56	Erica Christie	W65	F		00:13:17	91.23%
57	Angela Campbell	W40	F	Bellahouston Harriers	00:13:23	67.27%
58	Tomoyo Fujiwara	W45	F	Bellahouston Roadrunners	00:13:39	70.89%
59	Alasdair Beaton	M35	М		00:13:43	56.15%
60	Paul Fletcher	M55	М	Glasgow South Road Runners	00:13:54	64.46%
61	Ada Stewart	W55	F	Kirkintilloch Olympians	00:14:02	78.89%
62	John Dorrans	M40	М		00:14:15	54.45%
63	David Eames	M35	М		00:14:16	53.59%
64	Linda Cunningham	W50	F		00:14:30	71.22%
65	Rachel Goslan	W45	F		00:14:34	64.02%
66	Bob Porteous	M70	М		00:14:35	71.52%
67	Matt Bridgestock	M40	М		00:14:51	53.86%
68	Alex Wood	M70	М	Linlithgow AC	00:15:02	67.47%
69	Kenny Gunn-Russell	M65	М	ESOC	00:15:17	63.55%
70	Alex Agnew	M70	М	Lothian Running Club	00:15:27	64.85%
71	Brian Graham	M60	М		00:15:38	59.36%
72	Tom Wishart	Senior	М		00:16:17	45.39%
73	Robbie Wishart	M65	М	West End Road Runners	00:16:18	59.04%
74	Marie Neil	W55	F	Strathaven Striders	00:16:23	64.77%
75	Valerie Dempsey	W65	F	Lothian Running Club	00:16:29	78.47%
76	Melissa Reid	Senior	F	Simon Community	00:16:30	50.65%
77	Paul Cassidy	M45	М	Simon Community	00:16:51	47.83%
78	Christina McCrum	W35	F		00:16:54	50.67%
79	Julie Alleyn	W50	F	Simon Community	00:17:14	59.13%
80	Vanessa Simpson	Senior	F		00:17:35	47.53%
81	John Softley	M70	М	Bellahouston Harriers	00:18:04	57.73%
82	Liz Deans	W60	F		00:18:46	59.85%
83	Shona McCormack	W50	F		00:19:51	50.66%
84	Jay Cruz Semple	M40	М		00:21:38	36.69%