

3k on the Green			28/10/2022		Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Mark McKelvie	Senior	M	Shettleston Harriers	00:08:58	82.74%
2	Alasdair Campbell	Senior	M	Cambuslang Harriers	00:09:06	80.97%
3	Fred Davies	Senior	M	Shettleston Harriers	00:09:15	79.28%
4	Andrew Kirk	Senior	M	Kirkintilloch Olympians	00:09:24	78.39%
5	Euan Duernberger	Senior	M		00:09:25	77.88%
6	Jamie Clements	Senior	M	East Kilbride AC	00:09:37	77.14%
7	Owen MacWilliams	Senior	M	Irvine Running Club	00:09:43	75.47%
8	Lee Shaw	Senior	M	Bellahouston Harriers	00:09:49	74.70%
9	Daniel Lowe	Senior	M	Shettleston Harriers	00:10:01	74.06%
10	Steven Fitzpatrick	M35	M	Cambuslang Harriers	00:10:10	74.14%
11	Steven Prentice	M45	M	Bellahouston Harriers	00:10:19	79.98%
12	Andrew Anderson	M35	M	Cambuslang Harriers	00:10:25	73.94%
13	Ryan MacReady	Senior	M	Glasgow Triathlon	00:10:29	69.96%
14	Rhian Dawes	Senior	F	Victoria Park	00:10:30	79.64%
15	Stephen Hanley	Senior	M	Greenock Glenpark Harriers	00:10:33	70.64%
16	Laurence Egan	M45	M		00:10:34	76.27%
17	Dave Thom	M60	M	Cambuslang Harriers	00:10:35	87.69%
18	Tom Adams	Senior	M	Cambuslang Harriers	00:10:36	69.36%
19	David Shaw	M50	M	Giffnock North	00:10:38	78.84%
20	Gerry Connelly	M45	M	Calderglen harriers	00:10:42	77.73%
21	Stephen Forcer	M45	M	Westerlands	00:10:48	75.21%
22	Alan Hume	M45	M	Central AC	00:10:50	74.40%
23	Gavin Meikle	M50	M		00:10:51	77.27%
24	Andrew Heathwood	M50	M		00:11:02	77.86%
25	Cameron Burt	M35	M	Stirling Tri	00:11:07	67.40%
26	John MacKenzie	M55	M	Bellahouston Roadrunners	00:11:14	78.43%
27	Colin Henderson	M45	M		00:11:17	72.55%
28	Des Dickson	M60	M	Cambuslang Harriers	00:11:18	82.86%
29	John Duffy	M55	M	Shettleston Harriers	00:11:18	79.30%
30	Matt Stanley	M35	M	Springburn Harriers	00:11:21	67.36%
31	Marie Marshall	W40	F	ADAC	00:11:22	77.64%
32	Kyle Simpson	Senior	M		00:11:25	64.24%
33	Calum Sinclair	M40	M		00:11:25	67.96%
34	Philip Knight	M50	M	Glasgow South Road Runners	00:11:28	75.55%
35	Mary Senior	W45	F	Garscube Harriers	00:11:38	83.18%
36	Karen Allan	W35	F	Calderglen harriers	00:11:39	74.51%
37	Coleen Tait	Senior	F	Kilmarnock Harriers	00:11:56	70.30%
38	Laura Gray	W40	F	Garscube Harriers	00:11:57	74.56%
39	William Reid	M60	M		00:11:58	77.55%
40	Colin Anderson	M45	M		00:12:14	66.92%
41	David Storey	Senior	M		00:12:17	59.71%
42	Chris Wheeler	Senior	M		00:12:19	59.54%
43	David Wardrope	M50	M	Calderglen harriers	00:12:31	67.53%
44	Paula McCabe	W35	F	Cambuslang Harriers	00:12:32	68.32%
45	Scott Vallance	Senior	M		00:12:33	58.89%
46	David Hoolaghan	M40	M	Motherwell AC	00:12:34	63.16%
47	Robert Keith	M40	M	Springburn Harriers	00:12:35	63.56%
48	Neil Scott	M40	M		00:12:38	62.82%

Classification: Private

49	Peter Minting	M45	M	Helensburgh AC	00:12:39	65.22%
50	Alastair Cunningham	M55	M		00:12:46	69.01%
51	Mark Fagan	M40	M		00:12:47	62.08%
52	Flora Johnstone	Senior	F	Heriot Watt	00:12:49	65.20%
53	Kieran Morgan	M60	M	Carnegie Harriers	00:12:57	71.66%
54	Peter Taylor	M70	M	Irvine Running Club	00:13:27	76.43%
55	Andrew Wotherspoon	Senior	M		00:13:29	54.65%
56	Scott Angus	M45	M		00:13:32	59.55%
57	Marina MacCallum	W50	F	Kirkintilloch Olympians	00:13:35	73.08%
58	Stewart Campbell	M60	M		00:13:37	66.96%
59	Peter Ogden	M70	M	Cambuslang Harriers	00:13:43	74.94%
60	Scott Makintosh	M40	M	Bellahouston Roadrunners	00:13:46	57.65%
61	Ada Stewart	W55	F	Kirkintilloch Olympians	00:13:55	79.55%
62	Ruth Harrison	W45	F		00:14:05	65.42%
63	James Taylor	M55	M		00:14:34	59.97%
64	Mark Beech	M35	M	Fetch Everyone	00:14:52	51.05%
65	Linda Cunningham	W50	F		00:15:07	68.32%
66	Kenny Gunn-Russell	M65	M	ESOC	00:15:17	63.55%
67	Alex Agnew	M70	M	Lothian Running Club	00:15:34	64.37%
68	Ceri Ferguson	Senior	F	Glasgow South Road Runners	00:15:47	52.95%
69	Thomas Rutkwosko	M40	M		00:16:23	48.82%
70	Gerry McManus	M55	M		00:17:03	53.01%
71	Joseph Ogunjobi	Senior	M		00:17:23	42.19%
72	Iain Campbell	M70	M		00:17:35	57.68%
73	Vanessa Simpson	Senior	F		00:17:42	47.21%
74	Dave Slater	M45	M	Christian Runners UK	00:18:31	43.87%
75	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:18:33	58.84%
76	John Softley	M70	M	Bellahouston Harriers	00:19:10	54.42%