

3k on the Green			27/01/2023		Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Jack Heathwood	Senior	M	Bellahouston Harriers	00:08:54	82.40%
2	Jordan Phillips	Junior	M	Kilmarnock Harriers	00:09:21	82.13%
3	Finlay Finlay	M40	M	Garscube Harriers	00:09:26	84.13%
4	Conor Drummond	Senior	M	Giffnock North	00:09:27	77.60%
5	Jordan Queen	Senior	M	Garscube Harriers	00:09:27	78.21%
6	Euan Duernberger	Senior	M		00:09:28	77.47%
7	Euan Convery	Senior	M	Garscube Harriers	00:09:29	77.40%
8	Andrew Kirk	Senior	M	Kirkintilloch Olympians	00:09:33	77.16%
9	Kenny Robertson	M35	M	Kirkintilloch Olympians	00:09:59	76.58%
10	Sean Coll	Junior	M		00:10:00	76.79%
11	Andrew Shorts	Junior	M	Kilbarchan	00:10:00	79.14%
12	Steven Prentice	M45	M	Bellahouston Harriers	00:10:17	80.23%
13	Allan Waters	M35	M	Westerlands	00:10:21	72.39%
14	Niall McAlinden	M35	M	Westerlands	00:10:27	73.71%
15	Stephen Forcer	M45	M	Westerlands	00:10:30	77.36%
16	Gavin Meikle	M50	M		00:10:33	80.12%
17	Gary Lyon	M40	M	Cambuslang Harriers	00:10:33	75.23%
18	Andrew Holloway	M35	M		00:10:43	69.91%
19	Ronan Beale	M35	M	Giffnock North	00:10:44	71.76%
20	Eddie Neilson	M45	M		00:10:49	76.89%
21	Dean Dempsey	Senior	M	Bellahouston Roadrunners	00:11:02	66.53%
22	Kevin McAfee	M35	M	Bellahouston Roadrunners	00:11:03	68.21%
23	John Duffy	M55	M	Shettleston Harriers	00:11:08	80.48%
24	Gillian Blee	W40	F	Garscube Harriers	00:11:13	78.67%
25	Andrew Heathwood	M50	M		00:11:16	76.25%
26	Alastair Drummond	M45	M	Newton Road Runners	00:11:28	70.29%
27	Barrie Johnstone	M45	M	Hawkins Running	00:11:30	71.19%
28	Neil Nairn	M50	M	Glasgow Dental School	00:11:32	73.88%
29	David Downey	M55	M	Dunblane Runners	00:11:34	76.17%
30	Mary Senior	W50	F	Garscube Harriers	00:11:39	84.13%
31	Christopher McCabe	M35	M	Glasgow South Road Runners	00:11:45	64.59%
32	Craig Brown	M50	M	Garscube Harriers	00:11:50	71.43%
33	Alastair MacLachlan	M60	M	Bellahouston Roadrunners	00:11:52	78.90%
34	Sharon McNicol	W40	F	Kilmarnock Harriers	00:11:54	75.65%
35	William Taylor	M35	M	Greenock Glenpark Harriers	00:11:55	64.16%
36	Laura Gray	W40	F	Garscube Harriers	00:11:56	74.66%
37	Christopher O'Grady	Senior	M	Red Star	00:12:07	61.00%
38	Richard O'Grady	M40	M	Helensburgh AC	00:12:08	65.92%
39	Alastair Cunningham	M55	M		00:12:08	73.22%
40	Kenny Angove	M40	M		00:12:10	64.26%
41	Lynsey Parker	W40	F	Maryhill Harriers	00:12:11	74.72%
42	Scout Brandie	M40	M	Glasgow South Road Runners	00:12:14	63.91%
43	Iain Crawford	M50	M	Cambuslang Harriers	00:12:17	70.53%
44	Neil Scott	M40	M		00:12:20	64.35%
45	William Reid	M60	M		00:12:26	74.64%

46	Kieran Morgan	M60	M	Carnegie Harriers	00:12:27	74.54%
47	Alan Cox	M60	M		00:12:28	73.79%
48	Peter Freer	M45	M		00:12:32	64.30%
49	Iain Moore	M35	M		00:12:43	60.12%
50	Mark Fagan	M40	M		00:12:46	62.65%
51	Graeme Taylor	M45	M		00:12:48	64.46%
52	Linda Woodcraft	W45	F		00:12:49	71.88%
53	Paul Housley	M40	M		00:12:53	61.60%
54	Angela Campbell	W40	F	Bellahouston Harriers	00:12:54	70.57%
55	Scott Angus	M45	M		00:13:04	61.68%
56	Neil Miller	M50	M		00:13:04	65.75%
57	Andrew Wotherspoon	Senior	M		00:13:14	55.85%
58	Matt Bridgestock	M45	M		00:13:19	60.52%
59	Carlos Gonzalez	M40	M		00:13:23	58.42%
60	Colin Larmour	M55	M	Cosmic Hillbashers	00:13:27	66.06%
61	Erica Christie	W65	F	Cambuslang Harriers	00:13:28	91.43%
62	Gareth Shields	M45	M		00:13:29	59.77%
63	Ian Cullen	M55	M	Kelvin Road Runners	00:13:33	66.13%
64	Alasdair Beaton	M35	M		00:13:34	56.77%
65	David Simpson	Senior	M		00:13:42	53.53%
66	Karen McAllister	W60	F	Falkirk Victoria	00:13:51	83.55%
67	Sandy Eaglesham	M65	M	Cambuslang Harriers	00:13:58	70.93%
68	Michael McNamara	M55	M	Bellahouston Harriers	00:14:01	62.85%
69	Stephanie Rudd	W50	F	Bellahouston Harriers	00:14:02	69.84%
70	Ada Stewart	W55	F	Kirkintilloch Olympians	00:14:16	77.60%
71	Linda Cunningham	W50	F		00:14:47	69.86%
72	Margaret Hutchinson	W55	F		00:15:23	68.04%
73	Kenny Gunn-Russell	M65	M	Christian Runners UK	00:15:42	62.45%
74	Alex Agnew	M70	M	Lothian Running Club	00:15:50	64.06%
75	Jennifer Blee	W40	F		00:16:01	56.84%
76	Scott Robertson	M45	M		00:16:02	51.06%
77	Lynne Cotter	W45	F		00:16:19	58.57%
78	Pauline Larmour	W55	F	Cosmic Hillbashers	00:17:38	61.03%
79	Linda Shorts	W50	F		00:17:46	56.60%
80	Raymond Loughran	M65	M	Shettleston Harriers	00:18:13	52.34%
81	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:18:23	59.37%
82	Fred McCain	M70	M	Haddington Running Club	00:18:25	57.52%
83	Lisa Eaglesham	W35	F		00:18:49	46.13%
84	Dave Slater	M45	M	Christian Runners UK	00:18:57	43.20%
85	John Softley	M70	M	Bellahouston Harriers	00:19:08	54.51%