	3k on the Green			27/01/2023	Race	Age
	Runner	Category	M/F	Club	Time	Grade %
1	Jack Heathwood	Senior	М	Bellahouston Harriers	00:08:54	82.40%
2	Jordan Phillips	Junior	М	Kilmarnock Harriers	00:09:21	82.13%
3	Finlay Finlay	M40	М	Garscube Harriers	00:09:26	84.13%
4	Conor Drummond	Senior	М	Giffnock North	00:09:27	77.60%
5	Jordan Queen	Senior	М	Garscube Harriers	00:09:27	78.21%
6	Euan Duernberger	Senior	М		00:09:28	77.47%
7	Euan Convery	Senior	М	Garscube Harriers	00:09:29	77.40%
8	Andrew Kirk	Senior	М	Kirkintilloch Olympians	00:09:33	77.16%
9	Kenny Robertson	M35	M	Kirkintilloch Olympians	00:09:59	
10	Sean Coll	Junior	M		00:10:00	
11	Andrew Shorts	Junior	M	Kilbarchan	00:10:00	
12	Steven Prentice	M45	М	Bellahouston Harriers	00:10:17	80.23%
13	Allan Waters	M35	М	Westerlands	00:10:21	72.39%
14	Niall McAlinden	M35	М	Westerlands	00:10:27	73.71%
15	Stephen Forcer	M45	М	Westerlands	00:10:30	
16	Gavin Meikle	M50	М		00:10:33	
17	Gary Lyon	M40	М	Cambuslang Harriers	00:10:33	75.23%
18	Andrew Holloway	M35	М		00:10:43	69.91%
19	Ronan Beale	M35	М	Giffnock North	00:10:44	71.76%
20	Eddie Neilson	M45	М		00:10:49	
21	Dean Dempsey	Senior	М	Bellahouston Roadrunners	00:11:02	66.53%
22	Kevin McAfee	M35	М	Bellahouston Roadrunners	00:11:03	68.21%
23	John Duffy	M55	М	Shettleston Harriers	00:11:08	80.48%
24	Gillian Blee	W40	F	Garscube Harriers	00:11:13	78.67%
25	Andrew Heathwood	M50	М		00:11:16	
26	Alastair Drummond	M45	М	Newton Road Runners	00:11:28	70.29%
27	Barrie Johnstone	M45	М	Hawkins Running	00:11:30	
28	Neil Nairn	M50	_	Glasgow Dental School	00:11:32	
29	David Downey	M55	М	Dunblane Runners	00:11:34	
30	Mary Senior	W50	F	Garscube Harriers	00:11:39	
31	Christopher McCabe	M35	М	Glasgow South Road Runners	00:11:45	
32	Craig Brown	M50	M	Garscube Harriers	00:11:50	
33	Alastair MacLachlan	M60	М	Bellahouston Roadrunners	00:11:52	78.90%
34	Sharon McNicol	W40	F	Kilmarnock Harriers	00:11:54	
35	William Taylor	M35	М	Greenock Glenpark Harriers	00:11:55	
36	Laura Gray	W40	F	Garscube Harriers	00:11:56	
37	Christopher O'Grady	Senior	M	Red Star	00:12:07 00:12:08	61.00% 65.92%
38	Richard O'Grady	M40	M	Helensburgh AC		
39 40	Alastair Cunningham Kenny Angove	M55 M40	M		00:12:08 00:12:10	
41		W40	F	Maryhill Harriers	00:12:10	74.72%
41	Lynsey Parker Scout Brandie	W40 M40	М	Glasgow South Road Runners	00:12:11	
42	lain Crawford	M50	M	Cambuslang Harriers	00:12:14	70.53%
43	Neil Scott	M40	M	Cambusiang Harriers	00:12:17	
	William Reid	M60	_		00:12:26	
45	vviillatti Neid	INIOU	М		00:12:26	74.04%

477     Alan Cox     M60     M     00:12:28     73.79%       488     Peter Freer     N45     M     00:12:32     64.30%       49     Iain Moore     M35     M     00:12:48     66.12%       50     Mark Fagan     M40     M     00:12:48     66.265%       51     Graeme Taylor     M45     M     00:12:49     71.88%       52     Linda Woodcraft     W45     F     00:12:49     71.88%       53     Paul Housley     M40     M     00:12:54     70.57%       54     Angela Campbell     W40     F     Bellahouston Harriers     00:12:54     70.57%       55     Scott Angus     M45     M     00:13:04     65.75%       56     Neil Miller     M50     M     00:13:04     65.75%       57     Andrew Wotherspoon     Senior     M     00:13:24     56.58%       58     Matt Bridgestock     M45     M     00:13:23     56.58%       60     Colin Larmour     M55							
488     Peter Freer     M45     M     00:12:32     64.30%       499     Iain Moore     M35     M     00:12:43     60.12%       500     Mark Fagan     M40     M     00:12:46     62.65%       51     Graeme Taylor     M45     M     00:12:49     71.88%       51     Graeme Taylor     M45     M     00:12:49     71.88%       52     Linda Woodcraft     W45     F     00:12:49     71.88%       53     Paul Housley     M40     M     00:12:53     61.60%       54     Angela Campbell     W40     F     Bellahouston Harriers     00:12:54     70.57%       55     Scott Angus     M45     M     00:13:04     65.68%       56     Neil Miller     M50     M     00:13:04     65.75%       57     Andrew Wotherspoon     Senior     M     00:13:14     55.85%       58     Matt Bridgestock     M45     M     00:13:12     60.26%       60     Colin Larmour     M55	46	Kieran Morgan	M60	М	Carnegie Harriers	00:12:27	74.54%
Hain Moore	47	Alan Cox	M60	М		00:12:28	73.79%
50     Mark Fagan     M40     M     00:12:46     62:65%       51     Graeme Taylor     M45     M     00:12:48     64.46%       52     Linda Woodcraft     W45     F     00:12:49     71:88%       53     Paul Housley     M40     M     00:12:53     61:60%       54     Angela Campbell     W40     F     Bellahouston Harriers     00:12:54     70:57%       55     Scott Angus     M45     M     00:13:04     61:68%       56     Neil Miller     M50     M     00:13:14     55:85%       57     Andrew Wotherspoon     Senior     M     00:13:14     55:85%       58     Matt Bridgestock     M45     M     00:13:19     60:52%       59     Carlos Gonzalez     M40     M     00:13:19     60:52%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:22     66:06%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:23     56:79%	48	Peter Freer	M45	М		00:12:32	64.30%
51     Graeme Taylor     M45     M     00:12:48     64.46%       52     Linda Woodcraft     W45     F     00:12:49     71.88%       53     Paul Housley     M40     M     00:12:53     61.60%       54     Angela Campbell     W40     F     Bellahouston Harriers     00:12:54     70.57%       55     Scott Angus     M45     M     00:13:04     61.69%       56     Neil Miller     M50     M     00:13:14     55.75%       57     Andrew Wotherspoon     Senior     M     00:13:14     55.85%       58     Matt Bridgestock     M45     M     00:13:19     60.52%       59     Carlos Gonzalez     M40     M     00:13:23     76.606       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:23     58.842%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91.43%       62     Gareth Shields     M45     M     Kelvin Road Runners     00:13:32	49	lain Moore	M35	М		00:12:43	60.12%
52     Linda Woodcraft     W45     F     00:12:49     71.88%       53     Paul Housley     M40     M     00:12:53     61.60%       54     Angela Campbell     W40     F     Bellahouston Harriers     00:12:54     70.57%       55     Scott Angus     M45     M     00:13:04     61.68%       56     Neil Miller     M50     M     00:13:14     55.85%       57     Andrew Wotherspoon     Senior     M     00:13:14     55.85%       58     Matt Bridgestock     M45     M     00:13:19     60.52%       59     Carlos Gonzalez     M40     M     00:13:23     58.42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:23     58.42%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:23     58.42%       62     Gareth Shields     M45     M     Kelvin Road Runners     00:13:33     56.13%       63     Ian Cullen     M55     M     Kelvin Road	50	Mark Fagan	M40	М		00:12:46	62.65%
53     Paul Housley     M40     M     00:12:53     61:60%       54     Angela Campbell     W40     F     Bellahouston Harriers     00:12:54     70:57%       55     Scott Angus     M45     M     00:13:04     61:68%       56     Neil Miller     M50     M     00:13:14     55:85%       57     Andrew Wotherspoon     Senior     M     00:13:14     55:85%       58     Matt Bridgestock     M45     M     00:13:19     60:52%       59     Carlos Gonzalez     M40     M     00:13:23     58:42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:27     66:06%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91:43%       62     Gareth Shields     M45     M     Kelvin Road Runners     00:13:32     95:77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:34     95:77%       64     Alasdair Beaton     M35	51	Graeme Taylor	M45	М		00:12:48	64.46%
54     Angela Campbell     W40     F     Bellahouston Harriers     00:12:54     70:57%       55     Scott Angus     M45     M     00:13:04     61:68%       56     Neil Miller     M50     M     00:13:04     65:75%       57     Andrew Wotherspoon     Senior     M     00:13:14     55:85%       58     Matt Bridgestock     M45     M     00:13:23     66.25%       59     Carlos Gonzalez     M40     M     00:13:23     58:42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:23     58:42%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91:43%       62     Gareth Shields     M45     M     00:13:29     59:77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66:13%       64     Alasdair Beaton     M35     M     Kelvin Road Runners     00:13:34     56:77%       65     David Simpson     Senior	52	Linda Woodcraft	W45	F		00:12:49	71.88%
55     Scott Angus     M45     M     00:13:04     61:68%       56     Neil Miller     M50     M     00:13:04     65:75%       57     Andrew Wotherspoon     Senior     M     00:13:14     55:85%       58     Matt Bridgestock     M45     M     00:13:19     60:52%       59     Carlos Gonzalez     M40     M     00:13:23     58:42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:23     58:42%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91:43%       62     Gareth Shields     M45     M     Cosmic Hillbashers     00:13:29     59:77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66:13%       64     Alasdair Beaton     M35     M     Kelvin Road Runners     00:13:34     56:77%       65     David Simpson     Senior     M     Kelvin Road Runners     00:13:34     56:77%       65     Bavid Sagl	53	Paul Housley	M40	М		00:12:53	61.60%
56     Neil Miller     M50     M     00:13:04     65:75%       57     Andrew Wotherspoon     Senior     M     00:13:14     55:85%       58     Matt Bridgestock     M45     M     00:13:19     60:52%       59     Carlos Gonzalez     M40     M     00:13:23     58:42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:27     66:06%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91:43%       62     Gareth Shields     M45     M     00:13:29     99:77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:32     99:77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66:13%       64     Alasdair Beaton     M35     M     Kelvin Road Runners     00:13:32     56:77%       65     David Simpson     Senior     M     00:13:42     53:53%       66     Karen McAllister     W60	54	Angela Campbell	W40	F	Bellahouston Harriers	00:12:54	70.57%
57     Andrew Wotherspoon     Senior     M     00:13:14     55:85%       58     Matt Bridgestock     M45     M     00:13:19     60:52%       59     Carlos Gonzalez     M40     M     00:13:23     58:42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:27     66:06%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91:43%       62     Gareth Shields     M45     M     00:13:29     59:77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66:13%       64     Alasdair Beaton     M35     M     00:13:34     56:77%       65     David Simpson     Senior     M     00:13:42     53:53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83:55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:51     87:59%       68     Michael McNamara     M55 <td>55</td> <td>Scott Angus</td> <td>M45</td> <td>М</td> <td></td> <td>00:13:04</td> <td>61.68%</td>	55	Scott Angus	M45	М		00:13:04	61.68%
58     Matt Bridgestock     M45     M     00:13:19     60:52%       59     Carlos Gonzalez     M40     M     00:13:23     58:42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:27     66:06%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91.43%       62     Gareth Shields     M45     M     00:13:29     59.77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:32     59.77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66.13%       64     Alasdair Beaton     M35     M     W     00:13:42     53.77%       65     David Simpson     Senior     M     Cambuslang Harriers     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:58     70.93%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%	56	Neil Miller	M50	М		00:13:04	65.75%
59     Carlos Gonzalez     M40     M     00:13:23     58.42%       60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:27     66.06%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91.43%       62     Gareth Shields     M45     M     00:13:29     59.77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66.13%       64     Alasdair Beaton     M35     M     W     00:13:42     53.53%       65     David Simpson     Senior     M     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Cambuslang Harriers     00:13:59     70.93%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:01     62.85%	57	Andrew Wotherspoon	Senior	М		00:13:14	55.85%
60     Colin Larmour     M55     M     Cosmic Hillbashers     00:13:27     66.06%       61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91.43%       62     Gareth Shields     M45     M     00:13:29     59.77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66.13%       64     Alasdair Beaton     M35     M     00:13:34     56.77%       65     David Simpson     Senior     M     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16	58	Matt Bridgestock	M45	М		00:13:19	60.52%
61     Erica Christie     W65     F     Cambuslang Harriers     00:13:28     91.43%       62     Gareth Shields     M45     M     00:13:29     59.77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66.13%       64     Alasdair Beaton     M35     M     00:13:34     56.77%       65     David Simpson     Senior     M     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16     77.60%       71     Linda Cunningham     W50     F     Kirkintilloch Olympians     00:15:23	59	Carlos Gonzalez	M40	М		00:13:23	58.42%
62     Gareth Shields     M45     M     00:13:29     59.77%       63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66.13%       64     Alasdair Beaton     M35     M     00:13:34     56.77%       65     David Simpson     Senior     M     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16     77.60%       71     Linda Cunningham     W50     F     Kirkintilloch Olympians     00:14:47     69.86%       72     Margaret Hutchinson     W55     F     Kirkintilloch Olympians     00:1	60	Colin Larmour	M55	М	Cosmic Hillbashers	00:13:27	66.06%
63     Ian Cullen     M55     M     Kelvin Road Runners     00:13:33     66.13%       64     Alasdair Beaton     M35     M     00:13:34     56.77%       65     David Simpson     Senior     M     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:02     69.84%       71     Linda Cunningham     W50     F     Kirkintilloch Olympians     00:14:16     77.60%       72     Margaret Hutchinson     W55     F     Kirkintilloch Olympians     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M	61	Erica Christie	W65	F	Cambuslang Harriers	00:13:28	91.43%
64     Alasdair Beaton     M35     M     00:13:34     56.77%       65     David Simpson     Senior     M     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:02     69.84%       71     Linda Cunningham     W50     F     Kirkintilloch Olympians     00:14:16     77.60%       72     Margaret Hutchinson     W55     F     W5     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club	62	Gareth Shields	M45	М		00:13:29	59.77%
65     David Simpson     Senior     M     00:13:42     53.53%       66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:10     77.60%       71     Linda Cunningham     W50     F     Kirkintilloch Olympians     00:14:16     77.60%       72     Margaret Hutchinson     W55     F     Kirkintilloch Olympians     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40	63	lan Cullen	M55	М	Kelvin Road Runners	00:13:33	66.13%
66     Karen McAllister     W60     F     Falkirk Victoria     00:13:51     83.55%       67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16     77.60%       71     Linda Cunningham     W50     F     00:14:47     69.86%       72     Margaret Hutchinson     W55     F     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06% <td>64</td> <td>Alasdair Beaton</td> <td>M35</td> <td>М</td> <td></td> <td>00:13:34</td> <td>56.77%</td>	64	Alasdair Beaton	M35	М		00:13:34	56.77%
67     Sandy Eaglesham     M65     M     Cambuslang Harriers     00:13:58     70.93%       68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16     77.60%       71     Linda Cunningham     W50     F     00:14:47     69.86%       72     Margaret Hutchinson     W55     F     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     Cosmic Hillbashers     00:17:46     56.60%	65	David Simpson	Senior	М		00:13:42	53.53%
68     Michael McNamara     M55     M     Bellahouston Harriers     00:14:01     62.85%       69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16     77.60%       71     Linda Cunningham     W50     F     00:14:47     69.86%       72     Margaret Hutchinson     W55     F     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:42     62.45%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     Cosmic Hillbashers     00:16:19     58.57%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:46     56.60%	66	Karen McAllister	W60	F	Falkirk Victoria	00:13:51	83.55%
69     Stephanie Rudd     W50     F     Bellahouston Harriers     00:14:02     69.84%       70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16     77.60%       71     Linda Cunningham     W50     F     00:15:47     69.86%       72     Margaret Hutchinson     W55     F     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     Cosmic Hillbashers     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%  <	67	Sandy Eaglesham	M65	М	Cambuslang Harriers	00:13:58	70.93%
70     Ada Stewart     W55     F     Kirkintilloch Olympians     00:14:16     77.60%       71     Linda Cunningham     W50     F     00:14:47     69.86%       72     Margaret Hutchinson     W55     F     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     Cosmic Hillbashers     00:17:38     61.03%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%	68	Michael McNamara	M55	М	Bellahouston Harriers	00:14:01	62.85%
71     Linda Cunningham     W50     F     00:14:47     69.86%       72     Margaret Hutchinson     W55     F     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     00:16:19     58.57%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70 <td>69</td> <td>Stephanie Rudd</td> <td>W50</td> <td>F</td> <td>Bellahouston Harriers</td> <td>00:14:02</td> <td>69.84%</td>	69	Stephanie Rudd	W50	F	Bellahouston Harriers	00:14:02	69.84%
72     Margaret Hutchinson     W55     F     00:15:23     68.04%       73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     00:16:02     51.06%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83 <td< td=""><td>70</td><td>Ada Stewart</td><td>W55</td><td>F</td><td>Kirkintilloch Olympians</td><td>00:14:16</td><td>77.60%</td></td<>	70	Ada Stewart	W55	F	Kirkintilloch Olympians	00:14:16	77.60%
73     Kenny Gunn-Russell     M65     M     Christian Runners UK     00:15:42     62.45%       74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     00:16:19     58.57%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave	71	Linda Cunningham	W50	F		00:14:47	69.86%
74     Alex Agnew     M70     M     Lothian Running Club     00:15:50     64.06%       75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     00:16:19     58.57%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	72	Margaret Hutchinson	W55	F		00:15:23	68.04%
75     Jennifer Blee     W40     F     00:16:01     56.84%       76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     00:16:19     58.57%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	73	Kenny Gunn-Russell	M65	М	Christian Runners UK	00:15:42	62.45%
76     Scott Robertson     M45     M     00:16:02     51.06%       77     Lynne Cotter     W45     F     00:16:19     58.57%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	74	Alex Agnew	M70	М	Lothian Running Club	00:15:50	64.06%
77     Lynne Cotter     W45     F     00:16:19     58.57%       78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	75	Jennifer Blee	W40	F		00:16:01	56.84%
78     Pauline Larmour     W55     F     Cosmic Hillbashers     00:17:38     61.03%       79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	76	Scott Robertson	M45	М		00:16:02	51.06%
79     Linda Shorts     W50     F     00:17:46     56.60%       80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	77	Lynne Cotter	W45	F		00:16:19	58.57%
80     Raymond Loughran     M65     M     Shettleston Harriers     00:18:13     52.34%       81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	78	Pauline Larmour	W55	F	Cosmic Hillbashers	00:17:38	61.03%
81     Shirley MacNab     W55     F     Kirkintilloch Olympians     00:18:23     59.37%       82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	79	Linda Shorts	W50	F		00:17:46	56.60%
82     Fred McCain     M70     M     Haddington Running Club     00:18:25     57.52%       83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	80	Raymond Loughran	M65	М	Shettleston Harriers	00:18:13	52.34%
83     Lisa Eaglesham     W35     F     00:18:49     46.13%       84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	81	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:18:23	59.37%
84     Dave Slater     M45     M     Christian Runners UK     00:18:57     43.20%	82	Fred McCain	M70	М	Haddington Running Club	00:18:25	57.52%
	83	Lisa Eaglesham	W35	F		00:18:49	46.13%
85 John Softley M70 M Bellahouston Harriers 00:19:08 54.51%	84	Dave Slater	M45	М	Christian Runners UK	00:18:57	43.20%
	85	John Softley	M70	М	Bellahouston Harriers	00:19:08	54.51%