

3k on the Green		25/08/2023			Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	Stuart Donnachie	Senior	M		00:08:50	83.02%
2	Brian Thomson	M35	M	Airdrie	00:09:31	79.20%
3	Cameron Muir	Senior	M		00:09:38	76.12%
4	Dean MacLeod	Senior	M		00:09:56	75.03%
5	Gerard Pelegri	Senior	M	Shettleston Harriers	00:10:00	73.69%
6	Ryan MacReady	Senior	M	Glasgow Triathlon	00:10:04	72.91%
7	Tom Adams	Senior	M	Cambuslang Harriers	00:10:05	72.91%
8	Chris Butler	Senior	M	Westerlands	00:10:06	73.18%
9	Dave Thom	M60	M	Cambuslang Harriers	00:10:10	92.10%
10	Chris Jones	M35	M	Levenshulme Runners	00:10:16	72.98%
11	Steven Prentice	M45	M	Bellahouston Harriers	00:10:22	80.23%
12	John Craig	M35	M	Shettleston Harriers	00:10:30	73.35%
13	Shawn Wright	Senior	M	Livingstone	00:10:31	69.74%
14	Stephen Forcer	M45	M	Westerlands	00:10:40	76.75%
15	David Eames	M35	M	Bellahouston Harriers	00:10:43	71.87%
16	Robbie Hayman	M50	M		00:10:47	79.67%
17	Andrew Daisley	Senior	M		00:10:51	67.76%
18	Denis Williams	M60	M	Shettleston Harriers	00:10:52	83.90%
19	James McCreevy	M40	M	Bellahouston Roadrunners	00:10:53	71.84%
20	Kyle Simpson	Senior	M		00:10:54	67.34%
21	Dan Wells	Senior	M		00:10:58	67.19%
22	Jeff Farquhar	M60	M	Pitreavie AC	00:11:00	85.90%
23	Eddie Neilson	M50	M		00:11:05	75.64%
24	Paul Thompson	M65	M	Cambuslang Harriers	00:11:20	84.92%
25	James Bonner	M40	M		00:11:22	68.78%
26	Mark Western	M55	M	PH Racing Club	00:11:23	78.72%
27	Steven Leith	M35	M		00:11:27	67.27%
28	John Davidson	M40	M		00:11:32	69.35%
29	Martin Murphy	M45	M	Bellahouston Roadrunners	00:11:33	72.01%
30	Jonny Moran	M45	M	Bellahouston Roadrunners	00:11:37	69.92%
31	Daniel Nixon	Senior	M	Westerlands	00:11:38	63.04%
32	Paul Houston	M55	M	Bellahouston Harriers	00:11:41	74.77%
33	Colin Simpson	M40	M		00:11:43	68.26%
34	Jamie Slater	Senior	M	Bellahouston Harriers	00:11:47	62.29%
35	Calum Sinclair	M40	M		00:11:49	65.66%
36	David Hoolaghan	M40	M	Motherwell AC	00:11:53	67.30%
37	John Kirkwood	M45	M		00:11:55	67.63%
38	Alastair MacLachlan	M60	M	Bellahouston Roadrunners	00:12:00	78.74%
39	Mark Daly	M45	M		00:12:03	68.47%
40	Laura Gray	W40	F	Garscube Harriers	00:12:04	74.61%
41	Scott Hunter	M50	M	Cambuslang Harriers	00:12:06	69.29%
42	Martin McNulty	M50	M	Bellahouston Roadrunners	00:12:06	69.85%
43	Peter Minting	M45	M	Helensburgh AC	00:12:09	68.45%
44	Graeme Taylor	M45	M	Garscube Harriers	00:12:10	67.81%
45	Louise Ross	W45	F	Bellahouston Roadrunners	00:12:19	75.71%
46	Scot Hill	M55	M	Greenock Glenpark Harriers	00:12:20	70.83%
47	Simon Fisher	M40	M		00:12:21	63.78%
48	Frank Hurley	M70	M	Cambuslang Harriers	00:12:22	81.02%
49	Arthur Duggan	M50	M	Motherwell AC	00:12:27	67.34%
50	Gareth Shields	M45	M		00:12:28	65.16%
51	Paul Forbes	M65	M	Edinburgh AC	00:12:30	76.99%
52	Peter Freer	M45	M	Victoria Park	00:12:35	64.05%
53	Alistair Cameron	M40	M		00:12:40	63.14%
54	Jennifer Roney	Senior	F	Greenock Glenpark Harriers	00:12:41	66.02%
55	Linda Woodcraft	W45	F		00:12:41	72.64%
56	Iain Moore	M35	M		00:12:47	59.81%

57	Chris Wheeler	Senior	M		00:12:49	57.22%
58	Ian Aird	M45	M		00:12:51	62.72%
59	Deirdre Harrington	W40	F	Edinburgh AC	00:12:52	68.59%
60	Alastair Cunningham	M55	M		00:12:53	68.96%
61	Paul McGuigan	M45	M	Shettleston Harriers	00:12:54	63.46%
62	David Galliano	M50	M		00:12:59	65.63%
63	Mary Western	W60	F	PH Racing Club	00:13:03	87.35%
64	Eddie Carr	M60	M	Cambuslang Harriers	00:13:04	71.66%
65	Robert Boag	M55	M	Bellahouston Roadrunners	00:13:05	69.09%
66	Erica Christie	W65	F	Cambuslang Harriers	00:13:21	92.23%
67	Stuart Simpson	M40	M		00:13:49	57.89%
68	Guy Morton	M45	M		00:14:01	59.34%
69	Sandy Eaglesham	M70	M	Cambuslang Harriers	00:14:01	71.48%
70	Rory Catto	Senior	M		00:14:04	52.26%
71	Stuart Alexander	Senior	M		00:14:05	52.68%
72	Peter Ogden	M70	M	Cambuslang Harriers	00:14:06	73.97%
73	Tom McMillan	M70	M		00:14:16	70.23%
74	Les Hill	M65	M	Dumfries AC	00:14:27	65.99%
75	David Pease	M55	M	Falkland Trail Runners	00:14:29	62.41%
76	Rachel Goslan	W45	F		00:14:34	64.80%
77	Bob Porteous	M70	M	Shettleston Harriers	00:14:40	72.22%
78	Ada Stewart	W60	F	Kirkintilloch Olympians	00:14:49	75.81%
79	Lauren Leggat	W45	F		00:14:54	64.95%
80	Linda Cunningham	W55	F		00:14:57	70.01%
81	Lyndsay Henderson	W35	F		00:14:58	56.90%
82	Kerri Hutchison	W40	F	Wee County Harriers	00:15:17	57.24%
83	Murdoch Rodgers	M70	M	Bellahouston Roadrunners	00:15:22	66.89%
84	Margaret Hutchinson	W55	F		00:15:24	67.97%
85	Euan Campbell	M35	M		00:15:31	48.58%
86	Kim Forbes	W65	F	Scottish Veteran Harriers	00:15:51	77.69%
87	James Boyce	M40	M		00:15:58	50.09%
88	Tom Keenan	M65	M	Bellahouston Harriers	00:16:14	60.40%
89	Carol Keenan	W65	F	Bellahouston Harriers	00:16:59	72.50%
90	Raymond Loughran	M65	M	Shettleston Harriers	00:17:23	55.36%
91	Fred McCain	M70	M	Haddington Running Club	00:17:41	59.90%
92	Shirley MacNab	W55	F	Kirkintilloch Olympians	00:17:56	61.73%
93	Liz Deans	W60	F		00:18:27	61.79%
94	Catriona Deans	W55	F		00:19:10	56.94%
95	Ola Daramola	M45	M		00:19:13	43.28%