

3k on the Green			27/10/2023		Race	Age
Runner	Category	M/F	Club	Time	Grade %	
1	John Lenehan	M35	M	Edinburgh AC	00:09:00	84.95%
2	Alastair Campbell	Senior	M	Cambuslang Harriers	00:09:10	80.63%
3	Cameron Muir	Senior	M		00:09:30	77.19%
4	Fraser Armstrong	Senior	M	Bellahouston Harriers	00:09:36	76.39%
5	Andrew Kirk	Senior	M	Kirkintilloch Olympians	00:09:41	76.33%
6	Brent Brodie	M50	M	Bellahouston Harriers	00:09:41	87.29%
7	Sean McAnallen	Senior	M	Bellahouston Roadrunners	00:09:55	73.96%
8	David Scott	M35	M	Cumbernauld AAC	00:09:56	75.42%
9	Tom Adams	Senior	M	Cambuslang Harriers	00:10:04	73.20%
10	Miles Hollinshead	Senior	M	Giffnock North	00:10:07	72.84%
11	Michael Whittle	M35	M	North Devon AC	00:10:08	74.90%
12	Chris Upson	M60	M	Cambuslang Harriers	00:10:09	89.83%
13	Adam Todd	Senior	M	Kilmarnock Harriers	00:10:13	71.78%
14	Ryan MacReady	Senior	M	Glasgow Triathlon	00:10:18	71.26%
15	Steven Prentice	M45	M	Bellahouston Harriers	00:10:21	80.36%
16	David Shaw	M35	M	Run Rhaw	00:10:25	73.94%
17	Chris Butler	Senior	M	Westerlands	00:10:28	70.61%
18	Jenny Bannerman	W35	F	Inverness Harriers	00:10:32	80.85%
19	Stephen Forcer	M45	M	Westerlands	00:10:40	76.75%
20	Owen Murphy	M40	M	Kirkintilloch Olympians	00:10:56	71.51%
21	James Bonner	M40	M		00:11:00	71.07%
22	Elliot Williams	M40	M		00:11:03	70.22%
23	Malcolm McLean	M45	M	Greenock Glenpark Harriers	00:11:05	72.72%
24	Gavin Meikle	M50	M		00:11:05	76.26%
25	David Eames	M35	M	Bellahouston Harriers	00:11:07	69.29%
26	Ewan Mulhern	M40	M		00:11:09	70.12%
27	Lewis Sinclair	Senior	M	Garscube Harriers	00:11:14	65.28%
28	Gary McKendrick	M55	M	Inverclyde AC	00:11:14	80.47%
29	Mary Senior	W50	F	Garscube Harriers	00:11:16	86.99%
30	Iain McFarlane	M40	M		00:11:16	70.99%
31	Dean Dempsey	Senior	M	Bellahouston Roadrunners	00:11:19	64.86%
32	John Duffy	M55	M	Shettleston Harriers	00:11:19	79.87%
33	Jack Thomas	Senior	M	Glasgow South Road Runners	00:11:21	65.36%
34	Ruaridh Smith	Senior	M		00:11:22	64.57%
35	Iain McFarlane	M40	M		00:11:16	70.99%
36	Colin Henderson	M45	M		00:11:24	72.38%
37	Steven Leith	M35	M	Westerlands	00:11:25	67.47%
38	Kevin Dunn	M35	M	Kirkintilloch Olympians	00:11:33	66.69%
39	Calum Scott	Senior	M		00:11:38	63.04%
40	Alastair MacLachlan	M60	M	Bellahouston Roadrunners	00:11:42	80.76%
41	Jenny Brown	W45	F	Bellahouston Harriers	00:11:44	79.47%
42	Vitalija Zilinskaite	Senior	F	Bellahouston Roadrunners	00:11:47	70.92%
43	John Kirkwood	M45	M		00:11:48	68.30%
44	Peter Alexander	M35	M	Newton Road Runners	00:11:53	64.82%
45	Paul Houston	M55	M	Bellahouston Harriers	00:11:56	73.20%
46	Alastair Drummond	M45	M	Newton Road Runners	00:12:04	67.32%
47	Carlos Gonzalez	M40	M		00:12:08	64.92%
48	Peter Minting	M45	M	Helensburgh AC	00:12:12	68.17%

Classification: Private

49	Scott Cumming	M50	M	Linlithgow AC	00:12:13	68.63%
50	Frans Roelofse	M60	M	Bellahouston Roadrunners	00:12:19	76.72%
51	Scott Vallance	Senior	M		00:12:20	60.15%
52	Gareth Shields	M45	M		00:12:22	65.68%
53	Gary Henderson	M55	M	Bellahouston Harriers	00:12:24	72.90%
54	David Hoolaghan	M40	M	Motherwell AC	00:12:27	64.24%
55	Jennifer Reid	Senior	F		00:12:28	67.03%
56	John MacArthur	M35	M		00:12:37	61.05%
57	William Reid	M60	M		00:12:41	73.82%
58	Dave Thom	M60	M	Cambuslang Harriers	00:12:43	73.63%
59	Kieran Morgan	M60	M	Carnegie Harriers	00:12:44	73.53%
60	Iain Crawford	M55	M	Cambuslang Harriers	00:12:44	68.60%
61	Arthur Duggan	M50	M	Motherwell AC	00:12:46	65.67%
62	Andre Gilburn	M55	M	Wee County Harriers	00:12:50	68.65%
63	Linda Woodcraft	W45	F		00:12:54	71.42%
64	Alastair Cunningham	M55	M		00:13:04	67.99%
65	Angela Campbell	W45	F	Bellahouston Harriers	00:13:06	70.33%
66	Thiadmar Jansen	Senior	M	Vegan Runners	00:13:07	55.91%
67	Pauline Henderson	W60	F	Bellahouston Harriers	00:13:09	85.42%
68	Alasdair Beaton	M40	M		00:13:12	58.78%
69	Kendal Gregory	Senior	F	Inverclyde AC	00:13:24	62.60%
70	Angela McLachlan	W40	F	Newton Road Runners	00:13:25	66.41%
71	Karen McAllister	W60	F	Falkirk Victoria	00:13:25	87.56%
72	Erica Christie	W65	F	Cambuslang Harriers	00:13:29	92.81%
73	Frank Hurley	M70	M	Cambuslang Harriers	00:13:37	74.49%
74	Peter Ogden	M70	M	Cambuslang Harriers	00:13:51	75.31%
75	Gary McPhail	Senior	M		00:14:21	51.10%
76	Sharon Milloy	W35	F		00:14:29	59.13%
77	Nigel Smyth	M50	M	Wessex RR	00:14:30	57.82%
78	Ada Stewart	W60	F	Kirkintilloch Olympians	00:14:31	77.38%
79	David Gemmell	M40	M	Bellahouston Harriers	00:14:33	53.73%
80	Rowena McConkey	W45	F	Wee County Harriers	00:14:34	64.02%
81	Jill Morton	W45	F	Wee County Harriers	00:14:34	65.60%
82	Peter Donovan	M50	M		00:14:40	57.63%
83	Bob Porteous	M70	M	Shettleston Harriers	00:14:47	71.65%
84	Louise Crichton	Senior	F		00:14:57	56.11%
85	Linda Cunningham	W55	F		00:15:01	69.70%
86	Kerri Hutchison	W40	F	Wee County Harriers	00:15:03	58.13%
87	Charles Jordan	M45	M		00:15:04	54.76%
88	Rachel Goslan	W45	F		00:15:05	62.58%
89	Margaret Hutchinson	W55	F		00:15:09	70.05%
90	James Boyce	M40	M		00:15:12	52.62%
91	Darren Moultrie	Senior	M		00:15:48	46.43%
92	Peter Rudzinski	M70	M	Clydesdale Harriers	00:16:05	63.91%
93	Deirdrie Parkinson	W35	F	Bellahouston Harriers	00:16:08	52.53%
94	Euan Campbell	M35	M	Newton Road Runners	00:16:09	46.67%
95	Tom Keenan	M65	M	Bellahouston Harriers	00:16:23	59.85%
96	Marie Neil	W55	F	Strathaven Striders	00:16:36	65.75%
97	Carol Keenan	W65	F	Bellahouston Harriers	00:17:09	71.80%
98	Helen Thom	W40	F	Wee County Harriers	00:17:13	52.29%
99	Raymond Loughran	M65	M	Shettleston Harriers	00:17:20	55.52%
100	Iain Campbell	M70	M		00:17:21	59.25%

101	Gemma Vear	Senior	F		00:17:51	46.82%
102	Erin Millen	Senior	F		00:17:56	47.10%
103	Emer Gallagher	Senior	F		00:17:58	46.70%
104	Iain Barclay	M60	M	Wee County Harriers	00:18:03	51.41%
105	Naomi Henderson	Senior	F		00:18:24	45.42%
106	Liz Deans	W60	F		00:18:43	61.83%
107	Catriona Deans	W55	F		00:19:10	56.94%
108	Mark McGinney	M45	M		00:19:35	42.13%
109	Jennifer Welsh	W35	F	Wee County Harriers	00:19:37	43.41%
110	Claudine Tumangan	Senior	F		00:19:45	42.31%
111	Josh Meechan	Junior	M		00:21:53	51.35%
112	David Meechan	Senior	M		00:21:53	33.51%